they expel Wind admirably, and are a powerful Anticolick; and an Antidote against malign, infectious and epidemick Diseases, as also the Scurvy in a cold and moist habit of Body.

VII. * *Passulæ Laxativæ*, Laxative or purging Raisons.

Bate.] * ℞ *The best Alexandrian Sena* ℥j. *Ginger, Cinnamon, A.* ℈j. *S. V. Rhis. digest warm for six hours: strain, and add thereto white Sugar* ℥j. *Raisons greater or lesser cleansed* ℥iv. *boil with a gentle fire till the Fruit is soft; and let them be conserved together.* Or thus. *With a gentle fire, (the Bunches being taken out of the Syrup) let them be dryed, strewing over them refined Suger, q. s.*

Salmon.] § 1. They gently purge the Bowels, expel Wind, and carry off sharp Humors, which cause the Cholick, and Griping of the Guts, Fluxes, bloody Fluxes, *&c.*

§ 2. You may take from ℥ss. *ad* ℥j. or more at a time, according as you find your Body easie or hard to work upon.

VIII. *Pruna Laxativa*, Laxative or purging Prunes.

Bate.] *They are prepared after the same manner as the former.*

Salmon.] § 1. These have the Vertues of the former, and may be taken in the same manner and Dose, against the same Diseases.

§ 2. They are of use also for such whose Bodies are hot and dry, and apt to be costive.

CHAP. X.

Of SUGARS.

I. * *Cardiacum Cæleste*, The heavenly Cordial or Cardiack.

Bate.] ℞ *White Sugar* ℥xvj. (*trebble refined*) *Borage-water* ℥iv. *boil almost to a consistency, then (boiling) add fresh Borage-flowers, freed from their black spots* ℥vj. *and continue boiling till the Flowers are crisp or dryed, remove it from the fire, and mix therewith Leaves of Gold, N° xvj. Ambergrise, gr.* 24. It is a most elegant Cardiack, recreating the Vital and Animal Spirits, and is profitable against all affections arising from Atrabilis: In Hypochondriack Melancholy it has no second.

Salmon.] § 1. It is not only a Cardiack, but is good against Diseases of the Brest and Lungs, as Colds, Coughs, Asthma's, tickling Rheums, Wheasings, Hoarseness, *&c.*

§ 2. There is no Dose to be limited in the use thereof, but it may (in the before enumerated Diseases) be held constantly in the Mouth, and suffered to dissolve at leisure.

II.

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II. * *Elæosaccharum Cardiacum*, The sugared Oily Cardiack.

Bate.] ℞ *Chymical Oil of Nutmegs* ʒiij. *Oil of Cinnamon* ʒj. *trebble refined Sugar* ℥xviij. *mix and make a Pouder, S. A.* It is proper for the sweetning of Julips, *&c.*

Salmon.] § 1. It is a good Cephalick, Neurotick, Cardiack, and Stomatick, of good use against all cold and moist Diseases of the Head and Brain, as Lethargies, Carus, Vertigo, Head-ach, Megrim, Apoplexy, Palsie, Convulsion, *&c.*

§ 2. It strengthens the Vital and Animal Spirits, comforts the Heart, and is good against Palpitation, Fainting, Swooning, Sicknes at Stomach, and a good Preservative against all malign, epidemical, infectious and pestilential Diseases. Dose, ʒij. *ad iv.*

III. * *Elæosaccharum Carminativum*, the Sugared Oily Carminative, or Wind breaker.

Bate.] *It is made of the Chymical Oil of Camomile, gut. xxiv. trebble refined Sugar* ℥xij. *mixing them.*

Salmon.] § 1. It is a famous Anticolick, and gives ease in those Pains to a wonder; it is also an excellent thing against the Stone and Gravel, whether in Reins or Bladder, helps the Strangury and stoppage of Urine, and takes away the Heat and Scalding thereof: Some give it against Agues.

§ 2. You may give it from ℥ss. *ad* ℥iss. or ℥ij. in any Specifick or proper Julep; and in Diseases of the Reins it may be given dissolved in Parsly, Arsmart, or Onion-water.

IV. * *Elæosaccharum Fœniculi*, The sugared Oil of Fennel.

Bate.] *It is made of the Chymical Oil of sweet Fennel-seed, gut. 40. trebble refined Sugar* ℥xij. *mixing them together.*

Salmon] § 1. There is scarcely a better thing in the World against the Cholick, and Gripings of the Guts, especially in new-born Children, for, and in which case I commend it as a Jewel, to sweeten their Milk and Pap withal.

§ 2. It is also a Pectoral, and opens all sorts of Obstructions in the Breast and Lungs, being specifically good against Colds, Coughs, Asthma's, Wheasing, Hoarseness, *&c.* Dose, to a Man *ab* ℥ss. *ad* ℥j. either alone, or to sweeten any Specifick Julep or Liquor.

V. * *Elæosaccharum Nucistæ*, The sugared Oil of Nutmegs.

Bate.] *It is made of the Chymical Oil of Nutmegs* ʒj. *trebble refined Sugar* ℥xij. *mix them.* It is often given ʒj. at a time against Wind oppressing the Stomach.

Salmon.] § 1. It is a singular Cephalick, Neurotick, Stomatick, Cardiack and Hysterick, and good not only against Vapors and Wind afflicting those parts, but also against all cold and moist Diseases of the same.

§ 2. It is a Specifick against the Head-ach, Pain of the Stomach

mach, the Cholick, and disaffections of the Womb, for which purposes it is not to be slighted. Dose, ʒj. *ad* ʒij. in any Cordial Julep, *&c.*

VI. * *Elæosaccharum Sassafras*, The Sugared Oil of Sassafras.

Bate.] *It is made of the Chymical Oil of Sassafras* ʒij. *trebble refined Sugar* ℥vj. *mixing them.*

Salmon.] § 1. It is said to be good against the French Disease, but it's a Specifick against Distempers of the Head, Nerves, Stomach, and Womb, and dissolves the tartarous Mucilage in the Bowels, which breeds the Stone and Gout.

§ 2. It warms and comforts a cold Stomach, causes a good Appetite and Digestion, expels Wind, and gives ease in the Cholick. Dose, ʒj. *ad* ʒij. in any specifick Julep.

VII. * *Saccharum Ambaratum*, Sugar with Ambergrise.

Bate.] ℞ *Trebble refined Sugar in fine Pouder* ℔j. vel *q. v. put it into a Tin Vessel, and add thereto little pieces or bits of Ambergrise, to the quantity of* ℈j. *or q. v. putting them into the middle of the Sugar, the Vessel being close stopt, let them stand together perpetually in a warm place in or near the Chimney-Corner, so the Ambergrise will communicate with its fragrancy, its whole Vertue to the Sugar, without any detriment to the Amber, or any loss thereof.*

Salmon.] § 1. It recreates the Vital and Animal Spirits, and is good against Diseases of the Head, Brain, and Heart; and therefore is of excellent use to dulcifie or sweeten any Cordial Julep.

§ 2. Being often eaten, or held in the Mouth, to dissolve, it causes a sweat Breath, and is good against Coughs, Colds, Asthma's, Wheasings, Hoarsness, and other Diseases of the Brest and Lungs, *&c.*

VIII. * *Saccharum Caryophillatum*, Sugar cloved.

Bate.] ℞ *Garden Clove-gillisflowers poudered* ʒvj. *Cloves in fine Pouder* ℈j. *trebble refined Sugar (dissolved in Damask Rose-water)* ℥xij. *mix, boil, and pour them forth upon a Marble*, S. A. It is a wonderful Cardiack, Cephalick, and Stomatick, prevails against the Vertigo, Crudities of the Ventricle, *&c.*

Salmon.] § 1. It is good against all cold and moist Diseases of those parts, chiefly the Palsie, as also the Lethargy, and other sleepy Diseases: it recreates the Animal Spirits, and dissipates Vapors.

§ 2. It discusses Wind, and prevails against the Cholick, Sickness at Stomach, Indigestion, *&c.* Dose, ℥j. *ad* ℥ij. in any Specifick or proper Julep.

IX. * *Saccharum Eboratum*, Sugar with Ivory.

Bate.] ℞ *Ivory* ℥iss. *Crabs-Eyes, Pearl prepared*, A. ʒj. *Oil of Cinnamon, gut. vj. trebble refined Sugar (dissolved in red Rose-water)* ℥xvj. *mix and boil* S. A.

Salmon.] § 1. It is a fixt Alcali, and therefore good to absorb Acidities in the Stomach and Bowels: it helps Heart-burnings, and is of singular use against the

the vehement pains of the Stomach.

§ 2. But is mostly used as a Cordial against Consumptions, and as such it may be given three or four times a day, or oftner ℥ss. *ad* ℥j. either alone, or in any proper Vehicle.

X. *Saccharum Persicorum*, Sugar of Peach-flowers.

Bate.] *It is made of the Pouder of Peach-flowers* ℥ij. *Sugar boiled in Rose-water* ℔j. S. *A.* It is used to kill Worms in Children, and to loosen the Belly.

Salmon.] § 1. It is but a gentle Laxative; and therefore if you would have it to purge the Bowels as it ought to do, you ought to add to every Dose thereof *Scammony* in fine Pouder, *gr. v. ad viij.* and so it will be more effectual in killing Worms.

§ 2. It is used with singular advantage against the Griping of the Guts, which is so common in the *West-Indies*, and in this case *I* think it will be best to take it with the Scammony. Dose, of the Sugar ℥j. *ad ij.* adding the Scammony, *gr. v. ad viij.* as aforementioned.

XI. * *Saccharum Sambucinum*, Sugar of Elder-flowers.

Bate.] *It is made of the Flowers,* ℥ij. *trebble refined Sugar (dissolved in Elder-flower-water)* ℔j. S. *A.* It is good against Wind in the Stomach, Cholick, Stone, *&c.* and loosens the Belly.

Salmon.] § 1. It is indeed Anticolick, but given against the Stone, it ought to be dissolved or mixt with Parsley, Arsmart, or Onion-water, and *gr. xx.* of the Pouder, of Winter-Cherries to be added to it.

§ 2. If it be given as a Laxative you ought to add to every Dose thereof Scammony in fine Pouder, *gr. iv. ad viij.* ℞ *Of this Sugar* ℥j. *ad* ℥ij. *Scammony gr. iv. ad viij. mix for a Dose.*

XII. * *Saccharum Tormentillæ*, Sugar of Tormentil.

Bate.] ℞ *Tormentil-Roots in Pouder* ℥iss. *Cinnamon* ℥ss. *Sugar (dissolved in Cinnamon-water)* ℔j. *boil and pour forth*, S. A. It is of singular use to prevent Abortion or Miscarriage, and comfort the *Fœtus* in the Womb.

Salmon.] § 1. If you add to it Catechu in fine Pouder ℥j. the Medicament will be ten times more effectual to the Intentions, for this *Ingredient* is a Specifick against Abortion, and to strengthen the Womb.

§ 2. You may give it from ℥ss. *at* ℥j. either alone by it self, or mixt with any other Specifick Vehicle; and it ought to be given twice a day, *viz.* Morning and Night.

CHAP.

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