CHAP. IX.

Of PRESERVES.

I. * *Alkakengi Conditum*, Preserv'd Winter-cherries.

Bate.] ℞ *Fresh Winter-cherries* ℥vj. *bruise them, and affuse thereon Milk-water* ℔iss. *express the Juice and clarify it with Whites of Eggs: add fresh Winter-cherries, but whole; and with Nutmeg* ʒiij. *Trochisci Gordonii* ʒij. *Eryngo Roots candied* ℥ij. *boil gently to tenderness; then take the Berries out, and boil the Liquor with Sugar, q. s. into a Syrup, in which preserve the before boiled Berries.* It is Nephritick, Diuretick, and Lithontriptick.

Salmon.] § 1. It dissolves tartarous matter as well in the Lungs as in any other parts, opens Obstructions of the *Viscera*, provokes Urine, and is us'd against Stone and Gravel, whether in the Reins or Bladder.

§ 2. This Condite is also of good use to prevent the Gout, because it dissolves and expels the Humors which cause it.

§ 3. The Syrup may be thus us'd: ℞ *Choice Mead* ℥vj. *or viij. of this Syrup* ℥j. *ad* ℥ij. mix them for a draught to be drank thrice a day.

II. * *Allium Conditum*, Preserv'd Garlick.

Bate.] ℞ *Cloves of Garlick cleansed* ℔j. *Water, q. s. boil a little, which Water cast away: then boil in Hyssop-water, q. s. to a thorough softness; make the Liquor into a Syrup with double-refined Sugar* ℔j. *by boiling: about the end add the Garlick, with Ambergrise, gr. xxiv. Musk gr. iv. tied up in a Rag: Spirit of Clary* ℥ij. It is of use in the Wind-cholick, Cough, Asthma, Stone, Gout, *&c.*

Salmon.] § 1. It is good also against all sorts of Epidemical or Infectious Diseases, as Plague or Pestilence, spotted or malign Fevers, and is us'd as a Prophylactick as well as a Curative.

§ 2. It is a famous thing against Wheasings, Hoarseness, and loss of Voice, for it makes slippery the tenacious or tough matter obstructing the Lungs and *Aspera Arteria*, and causes Expectoration.

§ 3. Dose, ℥j. three or four times a day, chiefly in the Morning fasting, an hour before Dinner, and last at Night going to Bed.

III. * *Conserva Aurantiorum*, Conserve of Oranges.

Bate.] ℞ *The yellow of Orange-peels new cut off, and cut small* ℔ss. *beat them well with white Sugar* ℔j. *in a Marble Mortar, so as to become a Conserve*, S. A. It is us'd in the Cholick, Griping of the Guts, *&c.*

Salmon.] § 1. It is a most admirable Stomatick, strengthening the Tone of the Stomach above most other ordinary things; it expels Wind, causes a good Appetite, and a firm Digestion.

§ 2.

§ 2. You may take it *ab ℥ss. ad ℥ij.* in the Morning fasting, before Dinner, and last at Night going to Bed, drinking after it a Glass of *Wormwood-wine*, or *℥ss.* of *Cur Aqua Bezoartica.*

IV. * *Conserva Hepatica Corallitana*, The Coral like Hepatick Conserve.

Bate.] ℞ *Ripe Hips of the wild Roses or Briar, perfectly freed from their Seeds and Skins, q. v. keep them in a close Vessel for six days, then add Red or Claret-wine, q. s. boil to softness, and pass the Pulp thro' a Sieve; to which add its equal weight of trebble refined Sugar, and to every Pound of the Matter red Rose-water ℥iss. boil them in B. M. to the Consistence of a Pulp.* It is good against bloody Urine, Stone, *&c.* It has a Diuretick force, powerfully cools the Liver, and is good against the Scurvy.

Salmon.] § 1. You may give an Ounce of it at a time more or less, Morning and Evening, but it will be more powerful in stopping Fluxes of Blood, whether by the Mouth, Yard, or Womb, if to every Dose of the Conserve you add ℈j. *of Catechu in fine Pouder.*

§ 2. Otherwise as a Diuretick, you may give it thus. ℞ *Of this Conserve ℥j. Pouder of Winter Cherries ℈ss. ad ℈j. Sal Prunellæ gr.* 10. *mix them.*

§ 3. It provokes Urine powerfully, cools the Liver and Reins, and cleanses the Ureters and Bladder from all sorts of herogeneous Substances which offend them.

V. *Conserva Nicotianæ*, Conserve of Tobacco.

Bate.] ℞ *Green Leaves of Tobacco* ℔*j. Styrax Calamita ℥ij. Cinnamon ℥j. Sugar ℥vj. the best Manna* ℔*iss. beat them altogether into a Mass, and insolate for forty eight days.* It prevails wonderfully against the Asthma, a suffocative Catarrh. Dose, *℥ss.* every fourth hour.

Salmon.] § 1. It is indeed good against all Obstructions of the Breast and Lungs, but not a Medicament to be given to every Constitution; for tho' in some strong Bodies, it will do admirably well, yet in others again, it is apt to cause Convulsions.

§ 2. Applied outwardly to the place afflicted with the Gout, it gives relief; and by continuing it, and renewing it once a day, in short time a Cure; more especially if the Patient can be brought to take it inwardly.

VI. * *Juniperi Baccæ Candefactæ*, Juniper-berry Comfits.

Bate.] *They are made by sprinkling choice Juniper-berries* ℔*j. with Mallaga Sack; then strewing over them trebble refined Sugar in fine Pouder ℥iv. through a Sieve, and drying them with a gentle heat, S. A.* They are Sudorifick, Hysterick, Nephritick, *&c.*

Salmon.] § 1. They remove Stoppages in the Reins, Ureters and Bladder, provoke Urine, and are good against Sand, Gravel, and Stone, taking away pain and sharpness in making Urine.

§ 2. How Sudorifick they are, I cannot tell, unless eaten in a large quantity; but this I know, they

they expel Wind admirably, and are a powerful Anticolick; and an Antidote against malign, infectious and epidemick Diseases, as also the Scurvy in a cold and moist habit of Body.

VII. * *Passulæ Laxativæ*, Laxative or purging Raisons.

Bate.] * ℞ *The best Alexandrian Sena* ℥j. *Ginger, Cinnamon, A.* ℈j. *S. V. Rhis. digest warm for six hours: strain, and add thereto white Sugar* ℥j. *Raisons greater or lesser cleansed* ℥iv. *boil with a gentle fire till the Fruit is soft; and let them be conserved together.* Or thus. *With a gentle fire, (the Bunches being taken out of the Syrup) let them be dryed, strewing over them refined Suger, q. s.*

Salmon.] § 1. They gently purge the Bowels, expel Wind, and carry off sharp Humors, which cause the Cholick, and Griping of the Guts, Fluxes, bloody Fluxes, *&c.*

§ 2. You may take from ℥ss. *ad* ℥j. or more at a time, according as you find your Body easie or hard to work upon.

VIII. *Pruna Laxativa*, Laxative or purging Prunes.

Bate.] *They are prepared after the same manner as the former.*

Salmon.] § 1. These have the Vertues of the former, and may be taken in the same manner and Dose, against the same Diseases.

§ 2. They are of use also for such whose Bodies are hot and dry, and apt to be costive.

CHAP. X.

Of SUGARS.

I. * *Cardiacum Cæleste*, The heavenly Cordial or Cardiack.

Bate.] ℞ *White Sugar* ℥xvj. (*trebble refined*) *Borage-water* ℥iv. *boil almost to a consistency, then (boiling) add fresh Borage-flowers, freed from their black spots* ℥vj. *and continue boiling till the Flowers are crisp or dryed, remove it from the fire, and mix therewith Leaves of Gold, N° xvj. Ambergrise, gr.* 24. It is a most elegant Cardiack, recreating the Vital and Animal Spirits, and is profitable against all affections arising from Atrabilis: In Hypochondriack Melancholy it has no second.

Salmon.] § 1. It is not only a Cardiack, but is good against Diseases of the Brest and Lungs, as Colds, Coughs, Asthma's, tickling Rheums, Wheasings, Hoarseness, *&c.*

§ 2. There is no Dose to be limited in the use thereof, but it may (in the before enumerated Diseases) be held constantly in the Mouth, and suffered to dissolve at leisure.

II.

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