CHAP. II.

Of WINES.

I. *Succi Scorbutici*, Wine of the Antiscorbutick Juices.

Bate.] ℞ *Of the Juices of both sorts of Scurvygrass, Brook-lime, Watercresses, A. ℥xvj. Juice of Oranges ℥xx. white Sugar ℥xij. mix them, and pass them often through* Hippocrate's *Sleeve, till the whole becomes of a Rubicund clearness, like to red or Claret-wine.* It may be kept long, if repos'd in Glass Bottles, and will be of a very grateful taste. Dose, a Spoonful at a time in every draught of Ale, or ℥iv. of it at a time, twice a day.

Salmon.] § 1. It will not become clear and rubicund till it has past a Fermentation, and then it needs only to settle, and to be drawn off the Feces into Bottles, and it will be a kind of Wine of the Juices of those Plants.

§ 2. It is possible it might ferment without the Sugar, but the Fermentation will be better and sooner absolved, if the Sugar be put into the Juices at first.

§ 3. After Fermentation upon the botling of the Wine, you ought to put a small Knives point full of double refined Sugar, and a Clove slit in two, into each Bottle.

§ 4. It is prevalent not only against the Scurvy, but all such as are a kin to it, which proceed from an acid, viscous, and tartarous matter, obstructing the Bowels, or any of their passages, as Catarrhs, Rheumatisms, Gouts, Scorbutick Choliks, &c.

II. *Vinum Arthriticum*, A Wine against the Gout.

Bate.] ℞ *Sarsaparilla, Guajacum A. ℥j. Viscus Quercinus ʒvj. dry'd leaves of Germander, Ground-Pine, Sage, A. ℥iij. Cowslip-flowers, Flowers of Rosemary, of Lilly-convally, A. ℥ss. Hypericon ʒvj. White-wine ℔x. Infuse all three days, then strain out.* Dose, ℥ij. twice a day, for thirty or forty days together, after the use of the Wine in the next Section.

Salmon.] § 1. If you add to the Composition *Burdock-roots bruised ℥ij. Goutwort, Roots of Masterwort bruised, A. ℥j. Herb Franckincense ℥ss.* it will certainly be so much the better.

§ 2. If to the Whitewine ℔x. you add *Spirit of Wine* ℔j. the *Menstruum* will not only be the more able to draw forth the Vertue of the ingredients, but the Wine it self will afterwards keep longer and better.

§ 3. It prevails not only against the Gout, but also against Rheumatisms, and other pains and weaknesses of the Limbs and Joints.

§ 4. It is also good against Catarrhs, and all cold and moist Diseases of the Head, Brain, and Nerves, Universals being premis'd for some time, or the use of the following Wine.

III. *Vinum Arthriticum purgans*, A purging Gout-wine.

Bate.] ℞ *China, Sarsaparilla, A.*

A. ℥ij. Polypody ℥iij. Rhubarb, Sena, A. ℥j. Hoglice ʒvj. Cloves ʒj. White-wine ℔vj. *Infuse S. A. and strain.* Dose ℥iv. daily for eight days, Spring and Fall.

Salmon.] § 1. This is a good thing as it is, but to make it more effectual to all intentions, you ought to add these following things: *Jalap, Turbeth, Hermodacts, Scammony, A.* ʒvj. *all being in gross pouder.*

§ 2. You ought also to augment the quantity of the *Menstruum*, thus: *White wine* ℔ix. *Spirit of Wine* ℔j. for by the addition of the Spirit, the *Menstruum* will be both acuated the better to extract the Vertues of the Ingredients; and when made, it will keep the longer.

§ 3. Thus prepared, it will be a specifick Cathartick against the Gout and Rheumatism, or Running-Gout.

§ 4. And withal, it will purge all Humors from all parts of the Body, and prevail against most Chronick Diseases, as the Greensickness in Virgins, universal Obstructions, Dropsies, Jaundice, French-Pox, *&c.*

§ 5. You may, if you please, give it thus: ℞ *Of this Wine ℥iij. or ℥iiiss. Syrup of Roses purging ℥j. mix for a Dose*, to be given in the Morning fasting for several days together.

IV. *Vinum Chalybeatum*, Steeled Wine.

Bate.] ℞ *Crude Mars ℥viij. Roots of Eryngo, Elecampane, A. ℥iss. yellow Sanders ℥j. raspings of Ivory, red Coral in pouder, A ʒvj. Cloves, Mace, Cinnamon, Ginger, A. ʒiij. Ceterach or Spleenwort, Flowers of Rosemary, of Broom, Epithymum, A. pug. ij. Whitewine* ℔vj. *digest all in B. M. for eight days, often shaking it: being setled, filter and keep it for use.* Dose, three Spoonfuls to six, *&c.* every Morning for twenty, thirty, *&c.* days, against the Green sickness, Dropsie, Jaundice, Obstructions of the Terms, Quartan Agues, *&c.*

Salmon.] § 1. That is, take Horshoe-nails, Hobnails, or the like old Iron; but you need not be confin'd to the quantity, for you may put in a pound or two, or more of them, as you please your self.

§ 2. I disapprove of the Ivory and red Coral, for being fixt Alcalies, they will destroy the Acid of the Wine, which is the principal Instrument for drawing forth the internal Property of the Mars; do but once destroy that, and the Medicament will not be a quarter so good.

§ 3. It is better to be made cold than in any digestion; for a hot digestion will turn the Wine wholly into Vinegar, and as it is without being made Vinegar, it has Acid enough to do the Work withal.

§ 4. If you do it in a cold digestion, it ought to stand eight Weeks at least; and if eight Months, it will be so much the more effectual, shaking the Bottle once a day.

§ 5. After the first Month, add to the Composition *Spirit of Wine* ℔j. by which, after the body of the Mars has been opened by the former digestion, it will be now acuated more powerfully to extract the Tincture.

V. *Vinum Ecphracticum*, A Wine opening Obstructions.

Bate.] ℞ *Live Earthworms, having a red Circle on their Necks,* N° 24. *bruise them in a Marble Mortar with Currants cleansed* ℥iv. *adding Rhenish-wine* ℔iij. *Crystal Mineral (dissolved in the Wine)* ℥ss. *strain, and make it very limpid and pure, by often passing it through* Hippocrates's *Sleeve.* Dose, ℥iij. thrice a day, with *Aqua Cinnamomi hordeata* ℥j. It is a noble Diuretick.

Salmon.] § 1. It is a nasty unpleasing Medicine, and doubtful whether it has the Vertues ascribed to it, farther than what is given to it by the Wine and Crystal Mineral.

§ 2. In my Opinion, it is better to make the Wine exactly without the Worms, adding to it Horseradish-root scraped or bruised ℥iss. and then drying the Worms gently, to reduce them into Pouder.

§ 3. Of which ʒj. may be taken at a time in the Morning fasting, drinking two or three Ounces, or more of the Wine, either alone, or mix'd with a Glass of Ale.

§ 4. Made after this method, it is really deobstructive, and purges by Urine very well, prevailing against Stone, Gravel, and other tartarous matters obstructing the passages of the Urine, as also against Stoppages of the Stomach, Liver, Spleen, Womb, Epilepsy, &c.

VI. *Vinum Hippocraticum*, Artificial Wine, *or* Hippocras.

Bate.] ℞ *Cloves, Ginger, A.* ℥j. *Cinnamon, Nutmegs, A.* ℥ij. *bruise them, and add Spanish Wine or Canary* ℔xij. *white Sugar* ℔iiiss. *mix with new Milk* ℔iijs. *let them stand twenty four hours, then strain: to which add one Limon thin sliced, and two tender sprigs of Rosemary; often passing it thro'* Hippocrates's *Sleeve, till it becomes clear.* Dose ℥iij. *vel* iv. in Languors or Faintings.

Salmon.] § 1. You may see several other Prescripts of *Hippocras* in our *Doron Medicum, Lib.* 1. *Cap.* 24. *Sect.* 40, & 41. and *lib.* 2. *cap.* 15. *sect.* 4, & 5. which you may at your own leisure view and compare with this.

§ 2. If you add *white Pepper* ʒss. it will make the Composition more grateful to the Stomach.

§ 3. And for such as love Perfumes, you may add also Musk-seed ℥ss. which digest with the other things.

§ 4. It is a singular Cordial, good against fainting and swooning Fits, and for such as have a cold and weak Stomach, or are troubled with Belchings, Gripings, Wind, and the like.

VII. *Vinum Hydropicum*, A Wine against the Dropsie.

Bate.] ℞ *Our blue Flower-de-luce Roots* ℥j. *Elecampane, Squills prepared, A.* ℥ss. *Horehound, M.* j. *Bark of the Roots of Elder and dwarf Elder, A.* ℥j. *Sena* ℥iss. *Agrick* ʒij. *Ginger* ʒj. *White-wine* ℔iv. *infuse all and strain according to Art.* Or thus. ℞ *Ashes of Broom and Juniper, A.* ℥j. *Rhenish-wine* ℔iij. *mix and make a Lixivium, to which add, of our blue Flower-de-luce Roots* ℥iss. *inner Bark of the Roots of Elder and dwarf Elder, A.* ℥j. *Bark of Amaradulcis* ℥ss. *Rhubarb* ʒij. *Mechoacan* ℥ss. *Sena* ℥j. *Caraways*

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ways-seeds ℥vij. *Bark of Sassafras, and Winters Cinamon, A.* ℈iv. *infuse warm for a night, strain and add white Sugar* ℥iv. *Damask Rose-Leaves. M.* ij. *let them stand a little while, and strain again.* Dose ℥iij. &c. every Morning for some days.

Salmon.] § 1. I should like the Composition much better thus. ℞ *Blue Flower-de-luce Roots, Sena, A.* ℥ij. *inner Bark of the Roots of Elder, and dwarf Elder A.* ℥ifs. *Turbeth, Mechoacan, A.* ℥j. *Jallop* ℥fs. *Juniper-berries* ℥iij. *White or Rhenish-wine* ℔vij. *Spirit of Wine* ℔ifs. *mix, digest four or five days, strain, and sweeten with Syrup of Damask Roses* ℔j. *mix well, and keep it for use.*

§ 2. I add the Spirit of Wine in this Composition, that the *Menstruum* may have the greater power to draw forth the resinous parts of the *Turbeth, Mechoacan* and *Jallap*, which the simple Wine of it self would scarcely be able to do.

§ 3. It is singular against the Dropsie, and all sorts of watery Humors wheresoever scattered through the whole Body, which it evacuates very gently, and yet performs its work almost to a Miracle.

§ 4. It is good also against the Scurvy, King's-Evil, and other inveterate and rebellious Diseases.

VIII. *Vinum Scelotyrbicum*, Wine against the Scurvy.

Bate.] ℞ *Sorrel, Brook-lime, and Water-cresses, Garden Scurvy-grass*, A. M. *iij. Roots of Elecampane, of our blue Flower-de-luce, Horse-Raddish*, A. ℥ifs. *Seeds of Scurvy grass* ℥j. *White-wine* ℔iv. *digest all for two days, then strain out.* The Title shews the Vertues.

Salmon.] § 1. You may add to the Recipe *Garden Cresses, Rocket*, A. M. j. *Roots of Master-wort, Winter-Cinnamon*, A. ℥ifs. whereby the Medicine will be made the more Stomatick.

§ 2. And to the *Menstruum*, it will be necessary to add *Spirit of Wine* ℥vj. or ℥viij. to acuate it, and make it more powerful for Extraction.

§ 3. It is singular good against Scurvy, Dropsie, Jaundice, and Gout: It warms the Stomach, and alters a cold Habit of Body, destroying the Root of that Matter which breeds viscous and tartarous Humors.

§ 4. It provokes Urine and the Terms, and expels Sand, Gravel and Stones out of the Reins, Ureters, and Bladder. Dose, ℥iij. or *iv.* twice a day, either alone, or in a Glass of Ale.

IX. *Vinum Viperinum*, Viper Wine.

Bate.] ℞ *Live Female Vipers, gathered in the Spring time* № vj. *best Spanish-wine, or Canary* ℔vj. *digest them (the Vessel being stopt) without heat for six Months, then strain out for use. Some make it by digesting the Vipers excoriated (and casting away the Bowels, Heads and Tails) in the Wine afore-named for some days.* It is a most celebrated thing against the *Lepra Grecorum*, or Leprosie, the *Elephantiasis*, Barrenness, Plague, &c. and prolongs Life. Dose, ℥iij. or ℥iv. twice a day for some considerable time.

Salmon.] § 1. The way of making it is explicated more at large in

in our *Doron Medicum, Lib.* 1. *Cap.* 24. *Sect.* 39. with its Vertues and Uses, to which you are referred.

§ 2. In weak and consumptive Habits of Body; you may exhibit it thus. ℞ *Of this Wine* ℥iiiss. *Confectio Alkermes* ʒj. *Tincture of Cinnamon* ʒss. *or in place thereof Oil of Cinnamon, gut.* j. *or* ij. *mix for a Dose*, to be given first in the Morning fasting, and last at Night going to bed.

§ 3. Or thus, in an extream Consumption, or an Impotency. ℞ *Of this Wine* ℥iij. *volatile Salt of Ox-flesh, gr.* vj. *Milk-water* ℥iv. *mix for a Dose*, to be given Morning and Evening.

CHAP. III.

Of VINEGARS.

I. *Acetum Mellis*; Vinegar of Hony.

Bate.] ℞ *Hony* ℔j. *of the best Vinegar* ℔iij. *distil in Sand; and rectifie.* Besides its other Uses, it is said to dissolve Stones without any preceding Calcination.

Salmon.] § 1. But there is a simple Vinegar made of Hony without distillation, which according to *Le Febure*, is thus. ℞ *Hony* ℔j. *depurated Rain-water* ℔viij. *boil to the Consumption of one half, scumming it well: when it is cooled, put into it a Nodule containing the following*, viz. *Seeds of Sumach grosly beaten* ℔j.

§ 2. *Leave the Cask in a warm Room, if it be Winter, or expose it to the heat of the Sun, if it be Summer, till the Liquor has done fermenting or working, so will it by degrees, slowly turn into good Vinegar; which may be distilled as the former for the same Uses.*

§ 3. It is an excellent *Menstruum* for the dissolving of Pebble-stones, and all other things, tho' not calcined before.

§ 4. And this is that Vinegar which *Quercetan* calls in his Writings, *Philosophical Vinegar*, and in the same Writings he often intends Hony, under the appellation of *Dew* or *Heavenly Manna.*

§ 5. This simple Vinegar *Le Mort* makes after this manner. ℞ *Hony* ℔j *common Water* ℔x. *boil them to a Consumption of a fourth part; being cooled, add sower Leven of Bread, q. s.* viz. *about the bigness of half a small Egg.*

§ 6. *Let them ferment together in the Sun, (or for want of it in some other warm place, or a very gentle Sand-heat,) the Fermentation being absolved, add the following things.*

§ 7. ℞ *Fresh or dry Rape, or the Pressings of Grapes* ℔iiiss. *sower Leven of Bread* ℥iss. *or* ℥ij. *Roots of Pyrethrum, and Ginger, or long Pepper* ʒij. *mix all these things together in one Mass, and put them in the middle of the Rape.*

§ 8. *Then to facilitate the Work, let two like Vessels be furnished with this Mixture; to these in one Vessel affuse the Liquor,*