B.M. the longer the better, then decant the clear Essence, and keep it for use.

§ 3. Now here is to be noted, That if you intend to give it in intermitting Fevers, it will be convenient to add to the last Extraction ℥ij. of the Jesuites Bark.

§ 4. In this Preparation the Roots and Seeds are to be first reduced into a gross Pouder; and the Salt of Tartar, immediately while hot, is to be ground to a fine Pouder, in a hot Iron Mortar, with a hot Pestil, and so forthwith to be put into the Spirit.

§ 5. For otherwise, should it take any Air, so as in the Mortar to grow moist, it would not yield any of its Tincture.

§ 6. This is an incomparable Essence against many Diseases; it is good against all manner of Malign and Pestilential Fevers, which it radically takes away.

§ 7. It is a present Remedy against Poyson, the Biting of Mad-Dogs, Serpents, or any other venemous Creatures.

§ 8. It also presently cures the Measles and Small-pox, and is said to be an infallible Cure for the Pestilence it self: You may safely give it to all Ages and Sexes. Dose a ℈ss. ad ℈ij.

§ 9. Utendi modus. ℞ *Borrage, or Angelica-water, Damask Rose-water, A. ℥iij. Spirit of Saffron, Tincture of Cochinele, ana ℥ij. of this Essence ℥iij. Syrup of Limons ℥ij. Of the Royal Essence gut. vj. mix for a Cordial for four Doses.*

§ 10. Or you may give a Spoonful or two of it now and then upon any Fainting or Sickness at Heart; if to sweat upon, when the sick is in their Bed well covered. Then,

§ 11. ℞ *Damask Rose-water, Poppy-water, A. ℥j. of this Essence ℈ij. Tincture of Cochinele ℈j. Royal Essence, gut. ij. mix* for a Sweating Dose against the Measles, Small-pox, or Plague.

§ 12. 'Tis an excellent thing in such-like; but you may increase the Dose according as you see the strength of the Sick, or exigency of the Distemper requires.

CHAP. VI.

Of ELIXIRS.

I. *Elixir Camphoratum*, The Camphorated Elixir.

Bate.] *IT is made by dissolving Camphir ℥ss. in Tartarised S. V. tinged with Saffron ℥vj. S. A.* It is a most admirable thing against the Plague, as well to preserve as to cure; it prevails also against the Hysterick Passion. Dose ℈j

Salmon.] § 1. This is nothing but the rectified Spirit of Wine, with Saffron, impregnated with the Body of Camphir: and is called by other Authors, Spirit of Wine or Tincture of Saffron camphorated.

§ 2. *Rolfine,*

§ 2. *Rolfinc. lib.* 4. *sect.* 2. *cap.* 5. makes it without Saffron, or any limitation of the quantity of the Spirit of Wine; not differing much from *Quercetan's Tartarized Essence of Camphir, with Aqua Vitæ.*

§ 3. ℞ *Rectified S. V.* ℥vj. *Choice Saffron* ʒii). *mix, and in five or six days extract a pure Tincture, which decant and filtrate: put it into a Glass Matrass, to which put the Camphir* ℥ss. *or better.*

§ 4. *Fit to this Matrass another little one, and so make a double Vessel, lute them well together with slices of Paper and Paste: place your Vessel in a Sand Furnace, letting the Camphir stand till it be entirely dissolved in the S. V. the Spirit or Dissolution will be pure and transparent as before, and the Camphir will give it a pleasant smell.*

§ 5. *Camphir* is a Gum Rosin, and therefore may easily be dissolved in Spirit of Wine, whose property it is to dissolve Resinous Substances by the homogenuity of its substance, and the tenuity of its parts.

§ 6. It is a Cephalick, Cardiack, Antiarthritick, and an Alexipharmick, having a very great Diaphoretick force.

§ 7. And therefore very excellent against all manner of Malign or Pestilential Fevers, as the Measles, Small-pox, Calenture, Spotted Fever, yea, and the Plague it self.

§ 8. Dose a ℈ss. ad ʒss. or ℈ij. in any Cordial Water, or medicated Wine.

§ 9. It chears the Heart, strengthens Nature, fortifies the Faculties, expels Wind, and to a Miracle cures the Colick, and Gripping of the Guts, Rheumatisms, Gouts, &c. and revives all the Spirits, Natural, Vital, and Animal.

§ 10. It is an excellent anodyn to appease the Tooth-ache, by putting a little Cotton dipt therein to the pained Tooth, and it is good to help the Pains in the Ears, by dipping it in a little Conies or Rabbets Wool, and putting it into the Ear: Outwardly bathed upon places having the Gout, it cures them.

§ 11. It is also good in the Apoplexy, Lethargy, Vertigo, Megrim, Palsie, and other cold Diseases of the Head, Brain, and Nerves, as also against Vapours, and other Hysterical Maladies.

§ 12. Bathed upon an Inflammation in any part, it preserves it from a Mortification, and retrieves a Gangreen in the beginning.

II. *Elixir Proprietatis Dulce*, Sweet Elixir Proprietatis.

Bate.] *It is made of Myrrh, Aloes, and Saffron, A.* ℥j. *extracted with S. V.* ℥viij. *digested and filtrated, S. A.* It is used profitably against all Malign Diseases, Hypochondriacal and Uterine; it takes away the crudity of the Stomach, and restores a lost Appetite. Outwardly it serves for cleansing of sordid Ulcers.

Salmon.] § 1. This is called Sweet, (not that it is sweet in taste, but) in opposition to that which is made with Spirit of Sulphur; otherwise it is bitter like the Aloes it is made of.

§ 2. The preparation hereof without an acid, we have taught in our *Doron Medicum*, *lib.* 2. *cap.* 6. *sect.* 1. where also you have at large its Virtues and Use.

§ 3. The preparation of that with an Acid, is in our *Pharm. Lond. lib.* 4. *cap.* 6. *sect.* 1. from the Colleges Prescription, with Animadversions thereon; Besides which, there are several other

Prescriptions

Prescriptions, which she shall give you here.

§ 4. ℞ *Tartarised S. V. affuse it upon Flowers of Sal Armoniack, so as to overtop it four or five inches; digest them together till the Alcohol of the Wine is sufficiently impregnated with the Volatile Sal Armoniack.*

§ 5. *Take of this Spirit ℥viij. Saffron ʒj. mix and extract a Tincture in ten days: this done, decant the clear Tincture, and add to it Myrrh and Aloes in fine Pouder, A. ʒj. mix, digest a Month, shaking it every day, then decant the clear Tincture for use.*

§ 6. By this means your *Elixir Proprietatis* will be of much greater power, more pleasant in taste, and more grateful in smell.

§ 7. *Maets* makes it thus: ℞ *Saffron, Myrrh, Aloes, A. q. v. the Gums being in Pouder, and the Saffron chopt small, affuse thereon* Ol. Tartari per deliquium, *so much as to moisten it, and make it a thick kind of pap: digest them in a warm Balneo for twenty four hours: to this fermented Mass, affuse Tartarised S. V. so much as to cover it four inches over.*

§ 8. *Digest (often stirring it) till the Alcohol of the Wine is impregnated with the more subtil and pure Sulphur, and Volatile Salt of the mixture, and becomes intensly of the colour of Blood, then decant it from the feces, and keep it for use.* Dose a ʒj. ad ℥iv. It purges well.

§ 9. This, if you will have more Noble, you may fortifie thus: ℞ *Of the precedent Elixir ℥j. Volatile oily Salt ʒij. mix and digest them together for twenty four hours with a gentle digestion, so will they be firmly united, and make a most admirable Balsamick Elixir.* Dose a ℈j. ad ℈iij.

§ 10. But prepared with the Tincture of Sena, it is more Cathartick, and better in Operation: ℞ *Make a strong Tincture of Sena, with Tartarised S. V. or if you please, with commom Spirit: of which take ℥viij. Saffron, Myrrh, Aloes, A. ℥j. mix, and make an Elixir as before directed.*

§ 11. This is superiour to all those which are ordinarily sold, and it is an excellent Medicine, which I cannot sufficiently commend.

§ 12. I also prepare it thus: ℞ *Powers of Amber, Aniseeds, Carraways, or Juniper-berries ℥viij. Saffron, Myrrh, Aloes, A. ℥j. mix and make an Elixir. And if you add Sena ℥j. it fully answers the Intentions of all the former Preparations,* and becomes a Noble Stomachick and Cardiack, wondfully restoring and conserving the Balsam of the Blood.

§ 13. It provokes the Terms, opens all inward Obstructions, and is a wonderful thing against Hypochondriack Melancholy.

§ 14. It cures the Green-sickness in Virgins, and the Scurvy, from a sharp and austere ferment in Elder People; it is also given successfully against all sorts of Malign and Pestilential Fevers.

§ 15. It also resists Putrefaction and Poyson, helps the weakness of the Stomach, Crudities and Indigestion, and cures the Jaundice and Dropsie.

§ 16. It gently purges downwards, and is a Specifick against Tertians, which it is said radically to take away.

§ 17. It is indeed a kind of Universal Remedy, warming drying, strengthning, evacuting, altering, and comforting, and may be given in all Diseases, in all Ages, and to all Sexes. Dose a ʒj. ad ʒiij. or more.

§ 18. Hitherto we have been

ſhewing you how it is made dulcid, or without an Acid, we ſhall now ſhew you how it is made with an Acid from *Lemery*.

§ 19. ℞ *Myrrh*, *Aloes*, *A* ℥ij. *Saffron* ℥j. *S. V. ſo much as may overtop it a finger's height above it, put all into a Bolt-head, which ſtop well, digeſt two days, then add Spirit of Sulphur, till the Liquor is four fingers above the matter, ſhake all well together, and fit another Bolt-head to the former, making thereof a circulating Veſſel, digeſt in Horſe-dung, or a gentle B. M. for four days, then decant the Tincture, ſtrain, and keep it for uſe.*

§ 20. It fortifies the Heart, purifies the Blood, and works by Sweat. Doſe a ʒj. ad ʒij.

§ 21. From the remaining feces you may draw more Tincture, but it will not be ſo ſtrong, nor ſo good as the former, becauſe it has already parted with its more volatile and pure parts; yet this ſecond Tincture may ſerve to make new withal.

§ 22. *Lemery* alſo allows but ℥j. of Saffron, becauſe it not only takes up much room by its lightneſs, but is withal ſufficient to fill the Pores or Body of the Menſtruum, ſo that if more ſhould be added, it would receive no more.

§ 23. He firſt infuſed the Ingredients in S. V. thereby to draw their more Sulphurous parts; then he adds the acid Spirit, which being ſweetned by the ramous parts of the S. V. it will have no more power or force, but only to load it ſelf with the Tincture.

§ 24. And by this mixture of the S. V. with the Spirit of Sulphur, the Elixir acquires a very pleaſant ſmell.

§ 25. *Le Febure* makes his Elixir, which he calls *Elixir Proprietatum*, with the volatile Spirit of Harts-horn, charged and ſaturated with its volatile Salt, thus.

§ 26. ℞ *Saffron*, *Myrrh*, *Aloes*, *A.* ℥iij. *put the Saffron, with the others, in Pouder, into a Bolt-head with a long Neck, and large, or at leaſt two inches diameter: to which put rectified Spirit of Harts-horn, ſaturated with its volatile Salt, as much as it is able to diſſolve, and* ℥xx. *of Tartarifed S. V. ſtop the Veſſel with a Circulatory, luting the Juncture with a wet Bladder, Whites of Eggs and Flour, and digeſt in a very gentle B. M. for three days.*

§ 27. *Then diſtil off* ℥xv. *ſlowly; and if the volatile Salt does ſublime, diſſolve it again in the Spirit diſtilled, cohobating, digeſting again three days, and then diſtilling* ℥xx. *which cohobate again digeſting for three days more, which done, leave it till it is cold, then decant the clear, filter, and keep it for uſe.*

§ 28. It alters and rectifies the Maſs of Blood; cures the Scurvy, Jaundice, and Green-ſickneſs, opens all Obſtructions, cures Palſies and Atrophies, and is a moſt admirable thing againſt Hypochondriack Melancholy, and Hyſterick Fits. Doſe a gut. x. ad xl. or ʒj in the Morning faſting.

§ 29. *Paracelſus* was the Author of this Medicine; but the Preſcript of *Crollius*, which makes it with Spirit of Sulphur, has been beſt approved of, tho' without much reaſon, ſince that Spirit is enough to burn the pure ſubſtance of the Ingredients.

§ 30. Others as much diſapprove of alcholizate Liquors, made with Vegetable Salts, for that they think their Acrimony does enervate the moſt pure and eſſential parts; both which Objections may in part be true, and as eaſily removed

moved on both hands, if a wise Man has it in managing.

§ 31. *Charras* makes it thus: ℞ *Saffron, Myrrh, Aloes, A. in fine Pouder, mix, and slightly sprinkle them with a small quantity of Spirit of Sulphur, mixt with equal parts of rectified S. V. to which put Baum-water, so much as may over-top the Ingredients three fingers; mix well and cover the Cucurbit with a Vessel of Rencounter, well luting the Function, digest in B. M. for fifteen days, stirring them from time to time.*

§ 32. *Then decant the Tincture; putting in a third part more of Spirit of Wine, than you put before of Bawn-water: lute the Vessels together again, and digest for two Months, stirring the Ingredients from time to time: then decant the Tincture, which filter; and Affuse new S. V. reiterating the maceration, if you so please, though I suppose it will scarce be worth the trouble.*

§ 33. *Put the two first Tinctures together into a Cucurbit, which cover its Head, lute the Function, and in Sand, or B. M. with a very gentle Fire draw off about two thirds of the Liquor; taking what remains in the Cucurbit, as the Elixir, which keep for use.*

§ 34. *Marggrave* makes it thus: ℞ *Best English Saffron, choice Myrrh, Aloes, Socotrina, Spir. Sulphuris per Campanam, A. ℥j. Tartarised S. V. ℥viij, mix, digest a Month, decant the Tincture, and keep it for use.*

§ 35. Or thus: ℞ *English Saffron, Myrrh, Aloes, A. ℥j. Tartariz'd S. V. ℥xx. mix and digest eight days, then add Spirit of Sulphur ℥j. digest again twenty days, and decant the pure black Tincture for use.*

§ 36. *Le Mort* thus: ℞ *English Saffron, Myrrh, Aloes, A. ℥ij. moisten them first with S. V. then affuse so much Spirit of Sulphur, as may overtop them two inches, and digest twenty four hours, decant the Tincture, and to the feces put Tartarised S. V. so much as to over-top it, three inches, digest again for two days, till the Spirit is well tinged; mix these Tinctures together, filter them, digest a week, and keep it for use.*

§ 37. These are the variety of ways Authors have taught, which seem not to be so natural and excellent as the three following Methods, which we are willing to communicate to the World, for the benefit of Mankind: The first two are performed with *Alcalous* Menstruums, the latter with an *Acid*.

§ 38. The first way: ℞ *English Saffron, Myrrh, Aloes, Sena, A. ℥j. Spiritus Intimus ℥x. mix, digest a Month, shaking them once a day, then let them settle, decant the clear, and keep it for use.*

§ 39. The second way: ℞ *English Saffron, Myrrh, Aloes, Sena, A. ℥j. Powers of Aniseeds, Carraways, Juniper-berries, Lavender, or Rosemary ℥x. mix, digest a Month, then decant the clear, keep it for use.*

§ 40. The third way with an Acid: ℞ *English Saffron, Myrrh, Aloes, Sena, A. ℥j. Spirit of Wine rectified (accuated and digested with a quarter part of the best Spirit of Nitre or Sulphur, before-hand) ℥x. mix digest a Month, then decant the clear, and keep it in a Glass close stopt for use.*

§ 41. These three last ways, are not only new Methods of making this Elixir, but also the best ways, and much exceeding all the former, as they who shall please to make tryal will certainly find. *Price 2s. 6d. an Ounce.*

III. *Elixir Proprietatis Pestilentiale*, Elixit of Property against the Plague.

Bate.] ℞ *Saffron, Myrrh, Aloes A.* ℥ *ss. Spirit of Harts-horn* ℥ *ij. mix and unite them with the Alcohol of the Spirit of Wine* ℥ *iv. digest, decant, filter, and keep it for use.*

Salmon.] § 1. This is from *Le Febure*, and is the same Preparation with what we have before declared at § 12. of the former Section: and in § 13. of the same, you have its Virtues at large, so that no more need be said of it in this place.

§ 2. But if you would make it an absolute Antipestilential Medicament, you ought to make it thus: ℞ *English Saffron, Myrrh, Aloes, Camphir, A.* ℥ *j. Powers of Juniper* ℥ *xij. accounted with Spirit of Nitre* ℥ *j. mix, digest, decant, filter and keep it for use.*

§ 3. This has more than treble the Virtues, and force in curing the Plague, and all sorts of Malign and Pestilential Diseases of what kind soever, for it strikes at the root of the Disease, and enervates the Poyson to a Miracle.

§ 4. It not only cures, but also preserves from all kinds of contagious Diseases whatsoever, in the time of their greatest rage and violence, so that he that takes this Medicine, needs fear no danger.

§ 5. It expels Wind, and is a safe and sure Remedy against the Colick and Griping of the Guts, how vehement soever.

§ 6. It kill Worms, and opens all Obstructions of the Reins and Bladder, provokes Urine, and expels Sand, Gravel, and all other things which obstruct those parts.

§ 7. I have given it to Children against the Measles and Small-pox, and with such success, that of some scores which I have given it to, I remember not one single Patienr that has died, or done amiss.

§ 8. Dose a ℈ss. ad ʒss. ʒj. *plus-minus*, according to the Age and Condition of the sick.

§ 9. It is good also against Hypochondriack Melancholy, Madness, Diseases of the Head, Brain, and Nerves.

§ 10. And is of singular use against Lethargies, Vertigo's, Palsies, Cramps, Convulsions, and Hysterick Fits, being taken inwardly in a fit Dose Morning and Evening, and the parts afflicted being outwardly bathed with the same.

§ 11. It cures the Scurvy, want of Appetite, Indigestion, Rheumatisms, and wandering Pains, tho' of many years standing; and is accounted a Specifick against the Yellow Jaundice.

§ 12. I have had a long experience of this latter Preparation, insomuch, that I think I cannot say enough of it, I am sure not too much, and therefore once more recommend it to the Thoughts, Consideration, and Use of all the industrious Practisers of our Art.

IV. *Elixir Proprietatis Tartarisatum*, Elixir of Property Tartarisated.

Bate.] *It is made of Myrrh, Aloes, and Saffron, A.* ℥ *j. with Tincture of the Salt of Tartar* ℥ *xij. digesting and filtring S. A.*

Salmon.] § 1. How Tincture of Salt of Tartar is to be made, shall be shewed in its proper place; and with that the Tinctures of the other things are to be extracted.

§ 2. So that this Elixir is only a Tincture extracted with a Tincture,

cture, or a Tincture extracted with the Sulphur of the Salt of Tartar, joyned with the Sulphurous S. V.

§ 3. *Le Mort* makes it thus: ℞ *Aloes, Myrrh, Saffron, A.* ℥ j. *Salt of Tartar* ℥ ss. *rectified S. V.* ℥ xx. *then digest six days in B. M,* &c.

§ 4. So that he would make the Sulphur of the Wine to extract two Tinctures at one time, *viz.* the Tincture of the Ingredients, and the Tincture of the Salt, which answers not the intention.

§ 5. For this Elixir is to be valued by reason of the *Menstruum* extracting; and it is notoriously known, that the *Tincture of Salt of Tartar* much excels the best rectified S. V.

§ 6. If it be objected, that by this way of *Le Mort's*, you will have a *Tincture of a Salt of Tartar*, extracted with the Tincture of the other Ingredients, and so that upon the matter, it will be the same thing; we answer, *No.*

§ 7. For the rectified S. V. will first act upon the Vegetable Ingredients, by which it will be enervated, and weakened, and clogged, that it will have no ability to extract the Tincture of the Salt, which is the design of the Prescript.

§ 8. It has all the Virtues of the Vulgar or Common *Elixir Proprietatis*, at *Sect.* 2. aforegoing; besides which it more powerfully opens Obstructions, and more absolutely sweetens the Blood, and other Juices; absorbing the Acidity, and dissolving Coagulums in any part of the Body. Dose a ℥ j. ad ℥ ij.

V. *Elixir Salutis*, The Elixir of Health.

Bate.] ℞ *Leaves of Sena* ℥ iv. *Raspings of Guajacum, Elecampane dried, Aniseeds, Carraways, Coriander, Liquorice A.* ℥ ij. *Raisons stoned* ℥ viij. *Aqua Vitæ* ℔ vj. *digest cold for four days, then strain through* Hippocrate's *Sleeve.* Some add Salt of Tartar, Rhubarb, Scammony, &c. Dose one or two spoonfuls at Bed-time and three or four more in the Morning.

Salmon.] § 1. There are many Prescripts of this Medicine, the Basis of which are *Aqua Vitæ* and *Sena*, three Quarts of the one, to six Ounces of the other in Proportion, which is the true Recipe.

§ 2. But to make it stronger, better, and more effectual, it ought to be *Sena* ℥ ix. to *Aq. Vitæ* ℔ vj. what is less than this is too little: the other things are added as a Complement to take off the Griping quality of the *Sena*, and therefore whatsoever things will do that, and not hurt the taste of of the Medicine, may be used instead of, or as well as them.

§ 3. Among those things which do that, Liquorice-Roots and Carminatives are the chief; and of Carminatives, *Aniseeds*, and *Juniper-berries* bear away the Bell: To which may be added a Pectoral, such as is *Elecampane.*

§ 4. The Raisons are chiefly added to sweeten it, tho' they have also a slimy, and laxative, or losing quality withal; so also has Honey, which will purge some Persons of it self.

§ 5. But since the whole Cathartick Virtue depends upon the *Sena*, a Syrup of refined Sugar may serve as well to dulcifie the mixture for that all Melaginous and Saccharine Bodies are very apt, and that naturally to loosen the Body.

§ 6. *Aqua Vitæ, Aniseed-water*, or *Spirit of Wine*, are made use of, not for that they extract the Virtue

of the *Sena* better than some other *Menstruum*, but because, 1. The Medicine will better keep, than when it is prepared with a simple Aqueous Body. 2. They better correct the Griping quality of the *Sena*, than Water can. 3. They much better extract the Virtues of the Correctives, whose Sulphurs could scarcely be drawn forth with a simple watry Menstruum.

§ 7. Some prescripts have *Pouder of Jallap* ℥j. which does somewhat quicken it as to its Operation: and that (if any other Cathartick is added to the *Sena*) is the best Purger which we know of, which has so little ill taste.

§ 8. Now if *Jallap* be added, you must be certain to use a spirituous *Menstruum*, for an Aqueous one, will draw nothing out of it.

§ 9. If you prepare it with the Jallap you may order the Proportion after this manner: ℞ *Alexandrian Sena* ℥xij. *Pouder of Resinous Jallap.* ʒiij. *Aniseeds, Juniper-berries, Liquorice, Elecampane, (all bruised) ana* ℥ij. *Aqua Vitæ a Gallon: mix, digest, strain, and dulcifie it with a Syrup made with double refined Sugar.*

§ 10. If you prepare it without Jallap, you may order the Proportions thus: ℞ *Choice Sena* ℥xvj. *Elecampane dried, Liquorice, Aniseeds, Juniper-berries, A.* ℥iij. *Aqua Vitæ, a Gallon: mix, digest a week, strain, and then dulcifie it with Syrup of Liquorice made with double refined Sugar.*

§ 11. Some prepare it thus: ℞ *Alexandrian sena* ℥xvj. *Jallap in pouder* ℥viij. *Elecampane in Pouder, Liquorice bruised, A.* ℥iiij. *Juniper-berries, Coriander-seeds, Aniseeds, A.* ℥ij. *Cream of Tartar* ℥iij. *Honey, Manna, A.* ℥iiij. *Proof Spirit* ℔xvj. *put all into a Glass Body, with a blind head, luting the Juncture; digest in a Sand-heat for four days or more; then decant the clear Tincture, pressing out the rest from the ingredients: which let settle two days, then decant the clear again, which put to the former, and keep it close stopt for use.*

§ 12. It is a good Purgative, and by reason it is made with a Spirituous *Menstruum*, it is the more apt to insinuate it self into Blood and Humours, and so to cleanse and depurate them.

§ 13. It cures the Scurvy, Dropsie, Gout, and Jaundice; is good against the Sciatica, Kings Evil, Scabs, and all manner of Breakings out in the Body.

§ 14. It opens Obstructions in the Stomach, Gall, Liver, Spleen, Reins, and other Viscera.

§ 15. It is Pectoral, and prevails after an eminent manner against Diseases of the Lungs, as Coughs, Colds, Asthma's, Obstructions of the Lungs, Shortness of Breath, Difficulty of Breathing, and other Distempers of those parts of like Nature.

§ 16. It is also an excellent Remedy against the Griping of the Guts, Belly-ache, &c. carrying off the cold, acid, and viscous Humours, sticking to the Tunicles of the Guts, causing those Diseases.

§ 17. It is also an excellent thing against Rheumatisms, or wandring Pains running up and down in any part of the Body.

§ 28. It draws forth and expels watry Humours, and prevails mightily against Disaffections of the Stomach and Bowels.

§ 19. You may take it alone of it self, without mixing it with any other thing, for it is pleasant enough.

§ 20. Some take it as the Author has directed, others take it altogether

altogether in the Morning, three or four ſpoonfuls or more at a time.

§ 21. It is a Medicine of much uſe, and is a good general Purger, but I deviate ſomething in the Preparation from the former Preſcription. Doſe j. Spoonful to four or five in a Glaſs of Ale.

VI. *Elixir Vitæ*, Elixir of Life.

Bate.] ℞ *Nutmegs, Mace, beſt Cinamon A.* ℥j. *Cloves* ℥ſs. *the yellow of Orange and Citron-peels A.* ʒiij. *beſt Saffron* ℥ij. *Tartariſed S. V.* ℔iij. *mix, digeſt, and filtrate, S. A. Salmon.*] § 1. This is properly but a Tincture, extracted from the Ingredients with Tartariſated Spirit of Wine.

§ 2. But if you will have the Spirits Elixirated, it ought to be firſt drawn off from the Matter with a very gentle Fire, cohobated upon the feces ſeveral times, till the Spirit becomes maturated with the Spirituous Sulphur of the particulars.

§ 3. This done, you are to take the like freſh Ingredients, and then to digeſt them in this Elixirated Spirit for twenty days, in a temperate place.

§ 4. By which means you will extract alſo the Corporeal Sulphur, which by digeſtion will be united with the Spirituous, and ſo make an excellent Medicine.

§ 5. It is a great Cordial, revives all the Spirits, Natural, Vital, and Animal, fortifies the Faculties, ſtrengthens the Head, Brain, Nerves, Heart, and all the other principal parts, and comforts the the whole Body.

§ 6. It is good againſt all manner of Infectious Diſeaſes, as Meaſles, Small-pox, Spotted Fever, Purples, and the Plague itſelf.

§ 7. It prevails againſt Faintings, Swoonings, Sickneſs at Stomach, and all other Diſeaſes of the Heart and Præcordia. You may give it a ℥j. ad ℥iij. or more, in any proper Vehicle.

VII. *Exlixir Vitrioli*, Elixir of Vitriol.

Bate.] ℞ *Cinamon, Ginger, Cloves, A.* ℥iij. *Calamus Aromat.* ℥j. *Galangal* ℥ iſs. *Leaves of Sage, Spear-Mint, A.* ℥ſs. *Cubebs, Nutmeges, A.* ℥ij. *Wood of Aloes, Citron-peels, A.* ℥j. *make all into a fine Pouder; and add thereto White Sugar-candy* ℥iij. *Spirit of Wine* ℔iſs. *Oyl of Vitriol* ℔j. *extract a Tinture by digeſting it twenty days S. A. then filter, and keep it for uſe.* It wonderfully comforts the Stomach and Bowels, and provokes Appetite; it preſerves from the Epilepſie and Apoplexy, purges the Brain, and dries the Head, and whole Body, whoſe Natural Habit is overturned with a general Flegmatick Catarrh, freeing it wonderfully from pain. Doſe a ℥ſs. ad ℈j.

Salmon.] § 1. In making of this Medicine, we are to conſider. 1. The Menſtruum. 2. The Ingredients. 3. The Preparation.

§ 2. As to the Menſtruum, it conſiſts of two parts, Spirit of Wine, and Oyl of Vitriol; the Spirit of Wine ought to be that which is higheſt rectified or tartarized, whereby it may be freed from its chief Flegmatick parts.

§ 3. The Oyl of Vitriol ought alſo to be pure and free from its Flegm.

§ 4. Theſe two pure Subſtances are to be mixed together, and digeſted till they are united; and the

the Menſtruum will be ſo much the better if it be diſtilled, and brought over the Helm; for by that means the conjunction will be the more firm.

§ 5. The Menſtruum being thus prepared, the Ingredients are next to be conſidered: and therein you will do well if you except the Sugarcandy.

§ 6. For that, by its too ſudden diſſolution will be apt to blunt the edge of the Menſtruum, whereby it will not well extract the whole Virtue of the other Ingredients.

§ 7. This done, put in the ſeveral Particulars into the Liquor, and digeſt for twenty days, ſhaking the Glaſs once or twice a day; then decant the clear, and filter.

§ 8. This is but a Tincture, but if you would elixirate it, you muſt draw it off in a Glaſs Alembick in B. M. to drineſs, and cohobate it three or four times, ſo will you have a ſubtil and volatile Elixir, of ſuch pure and thin parts as will be able to penetrate through the whole Body in a Moment.

§ 9. After the laſt Cohobation, you may put in your Sugarcandy in fine Pouder, which being diſſolved, let the Liquor ſtand till it is fine, and keep it for uſe.

§ 10. It is an excellent Stomachick, Cephalick, and Neurotick, good againſt all cold and moiſt Diſeaſes of the Head and Brain, Palſies, Indiſpoſitions of the Stomach, the Scurvy, in a cold Habit of Body, Rheumatiſms, Sickneſs at Heart, Faintings, Swoonings, and the like. Doſe a ʒſs. ad ʒj.

APPENDIX.

VIII. *Elixir Vitæ Maetſianum, Maets* his Elixir of Life.

Salmon.] § 1. ℞ *Freſh Damask Roſes preſerved with Salt* ℔j. *Tartariz'd S. V.* ℔iiſs. *digeſt them together for two days; and then diſtil with a very gentle Fire, hanging in the Beak of the Alembick, Ambergriſe* ʒſs. *Oriental Musk* ℈ſs. *mixt together.*

§ 2. *To the diſtilled Liquor add of the beſt Lignum Aloes finely raſped, or in Pouder* ℥ij. *Yellow of Orange and Citron-peels, A.* ℥ſs. *Yellow of Limon-peels* ℥iſs. *Oyl of Cinamon* ʒiſs. *digeſt them together for two or three days; ſo will you have a Cordial Elixir of almoſt infinite Vertues.*

§ 3. It is a great Cephalick, Neurotick, Cardiack, and Alexipharmick, and an egregious Remedy againſt all Diſeaſes proceeding from cold and moiſture in any part of the Body.

§ 4. It is good againſt the Lethargy, Carus, Apoplexy, Epilepſie, Palſie, and cold and moiſt Diſtempers of the Womb, and is good for Barrenneſs in Women.

§ 5. It is ſingular good againſt Faintings, Swoonings, Palpitation and Sickneſs at Heart, Weakneſs of the Stomach, Indigeſtion, and want of Appetite.

§ 6. Where note, That if you would have it more grateful to the Palate, you ought to dulcifie it either with the beſt double refined Sugar, or with a Syrup made of the Yellow of Limon-peels. Doſe a ʒſs. ad ʒj. or ʒiſs. in a Glaſs of Wine.

IX. *Elixir*

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IX. *Elixir Anodynum Le Mortianum, Le Mort's* Elixir Anodyne.

Salmon.] § 1. ℞ *S. V. rectified after the following manner:* ℞ *Vitriol calcined to whiteness with a very gentle Fire* ℔j. *Nutmegs, Saffront A.* ℥ij. *Camphir* ℥iv. *Tartarised S. V.* ℔v. *digest altogether for three or four days, then distil off the one half: the Feces evaporate with a very gentle Fire to dryness, and cohobate the former distilled Spirit upon them, and distil in B. M. to dryness.*

§ 2. *To this put Thebian Opium made with Water* ℥j. *choice Saffron* ℥ss. *Nutmegs, Lignum Aloes, A.* ʒvj. *Camphir* ʒij. *yellow Sanders* ℥j. *mix and digest them together, for two or three days, the longer the better.*

§ 3. This is a troublesome way of making the Menstruum for Extraction; a simple rectified S. V. from Pot-ashes by cohobation, may do nearly as well, and so save much labour: and a rectification upon any Alcalous Salt without distillation will do the same.

§ 4. It is highly Anodyn, and gives ease in all sorts of Pains whatsover: It gently induces Sleep and Rest, and renders the Spirits chearful.

§ 5. It is a most excellent thing in Fevers, and other like Acute Diseases. It ceases the too great Effervescence of the Blood, if made with Spirit of Vitriol as is sometimes directed.

§ 6. But if made with the Alcali Salt, it opens more, and therefore provokes the Terms, and moves Sweat, more especially if mixed with other Sudorificks. Dose a gut. vj. ad ʒss.

X. *Elixir Menstruale Le Mortianum, Le Mort's* Uterine Elixir.

Salmon.] § 1. ℞ *Rosemary, Rue, Savin, A. Mij. Lavender, Marjoram, Pennyroyal, Motherwort, A. M. j. Roots of round Cypress, Levisticum, A.* ℥ss. *Sassafras, Orange-peels, A.* ℥ss. *Seeds of Daucus, Lovage, Anise, A.* ʒvj. *Cinamon* ʒij. *Spirit of Wine* ℔iv. *cut what are to be cut, and bruise what are to be bruised, then mix altogether, and macerate them for twenty four hours, then distil to one half, the Spirit drawn off, mix with fresh S. V. and rectifie again upon the same Herbs; and repeat once more the same operation.*

§ 2. *Then add Filings of Steel* ℔j. *Cremor Tartar* ℔iss. *Spring-water* ℔viij. *boil them together, till the Liquor becomes of a red colour, filter, and evaporate to the consistency of a Syrup, which keep for use.*

§ 3. *Lastly,* ℞ *A third part of the former Spirit, Saffron* ℥ss. *mix and extract a Tincture.* ℞ *Another third part of the said Spirit, sweet-smelling round Cypress-roots* ℥iss. *mix, and extract a Tincture.*

§ 4. ℞ *The last third part of the same Spirit, of the former Syrup of* Mars, *double the quantity of the Spirit: mix them, and extract a Tincture: mix all these three Tinctures together, and keep them for use.*

§ 5. It is an excellent thing to open all Obstructions of the Womb, as also of the Liver and Spleen; and a most admirable Medicine to cure the Green-sickness in Virgins.

§ 6. It is also of singular use to facilitate the Birth, and to expel the Birth and After-birth; it strengthens all the *Viscera* or inward

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inward parts, and causes a good colour in the Face.

§ 7. It is given a ʒſs. ad ʒij. in all Diseases of the Womb, as Vapors, Fits of the Mother, Obstructions of the Courses, and the like, in which 'tis possible it may do more, than many other more famed Medicines for those purposes.

§ 8. It sweetens the Blood, and by a constancy in taking it, alters the ferment of all the Juices, so that more may be done by this Medicine in ten days time, than by many others in an hundred.

§ 9. Besides which, it is an excellent Cordial, as the Saffron, and other Cordial Ingredients of which it is compounded demonstrated.

§ 10. It is given with success in all fainting and swooning Fits, and in Palpitations, and other Distempers of the Heart and Præcordia, as also in Diseases of the Breast and Lungs, as Asthma's, Shortness of Breath, Difficulty of Breathing, Wheezing, &c.

XI. *Elixir Juniperinum Rolfincii*, Elixir of Juniper:

Salmon.] § 1. ℞ *Rob of Juniper-berries, or the Melaginous Extract* ℥iij. *Malago-wine* ℔ *iſs. mix them well in a Marble or Glaſs Mortar, then let them ſtand in digeſtion: the Tincture ſeparate by ſtraining through a Hypocras Bag, and keep it for uſe.*

§ 2. If some few drops of the Oyl, and ℥iv. of the inflammable Spirit of Juniper-berries be added, it will yet be better.

§ 3. It opens, attenuates the Blood, and breaks or dissolves any tartarous or sabulous coagulation in the Reins or Ureters, and expels it to admiration. Dose a ʒſs. ad ʒj. in any appropriate Vehicle.

§ 4. ℞ *Of this Elixir* ʒj. *ſtrong Tincture of Daucus Seeds* ʒij. *Syrupus Nephriticus* ℥j. *Arſmart or Parſly water* ℥iij. *mix for a Doſe* against Gravel or slime in Reins or Bladder.

CHAP. VII.

Of TINCTURES.

I * *Tinctura Abſinthii*, Tincture of Wormwood.

Bate.] ℞ *Dried tops of common Wormwood freed from the ſtalks* ℥v. *being bruiſed, add to them Tartariſed S. V.* ℥xxx. *digeſt in B. M. for ſome days, then ſtrain out by a ſtrong expreſſion: in the Liquor infuſe more tops of dried Wormwood, and expreſs as before, repeating this Work the third time; then filter through brown Paper, and keep it for uſe.* Doſe gut. vj. *plus-minus*, in a Glaſs of Wine, Beer, or Ale.

Salmon.] § 1. Tho' it is not impossible to make the Medicaments in these Proportions, yet I can assure you, upon many Tryals, that the quantity of the S. V. is by much too little, it ought to be ℥xxx. at least.

§ 2. And