PHARMACOPOEIA *BATEANA.*

LIB. I.

Of Compound Internals.

CHAP. I.

Of WATERS.

I. *Aqua Aluminosa*, Alumed Water.

Bate.] ℞ *ALUM and WhiteVitriol ana: mix them together, and boil them in an earthen Vessel, with a gentle Fire, till they become like a Stone: pouder it; and to every spoonful thereof, add boyling Water a quart: dissolve and filter. It is profitable against Wounds, Ulcers, Fistula's, &c. washing them therewith.*

Salmon.] § 1. If to every pint of this Liquor you add ℥ij. of Spirit of Wine or Brandy, it will be almost of double vertue to that of the prescript.

§ 2. For Spirit of Wine has a wonderful power, being mingled with fit Medicaments, to cleanse, purify, heal, and glew together Wounds and Ulcers, especially those of the nervous parts, which it does safely, as we have taught in our *Ars Chirurgica*, lib. 5. cap. 12. sect. 25, 26, & 35.

§ 3. I know by almost a thousand Experiences, that this Alumed Water, is a most admirable thing against a *Herpes miliaris*, and all manner of *Tettars* and *Ring-worms*, or *Serpigines*, and such like breakings out in any part of the Body, tho' of never so many years standing.

§ 4. The way of using it is thus: Put some of it into an earthen Bason, over a Chafing-

dish of Coals, and with a Cloath let the diseased bathe well the place affected, as hot as they can endure it for a quarter of an hour or more at a time; and do it 2 or 3 times a day, or oftner, as need requires.

§ 5. It will in a short time cure the *Tettar*, let it be never so inveterate and rebellious.

§ 6. I cured 2 Gentlewomen of inveterate *Tettars* herewith, the one of which had been troubled with the distemper above twenty years.

§ 7. It is also a most admirable Injection in a *Virulent Gonorrhœa*, or the *Whites* in Women, Universals being premised, injecting therewith warm 3 or 4 times a day.

§ 8. It is also a good Collyrium, curing weeping Eyes, and strengthning them, taking away Clouds, Films, Pearls, &c.

II. *Aqua Animalis*, The Animal Water of Horse-dung.

Bate.] *Take Horse-turds newly made*, N° *xij. White-wine a Gallon: sweet Fennel-seeds, Parsly-seeds, ana* ℥*ij. Grocers Treacle, or Molossos,* ℔*j. Polypody of the Oak, Butchers Broom, Liver-wort, ana Mij. Ginger* ℥*iij. mix and distil according to Art with a gentle fire. It prevails against Pleurisies, Pains, Rheumatisms,* &c. *Dose ad* ℥*iv. sweating upon it.*

Salmon.] § 1. It is not only good against Pleurisies, which is the chief design of the Medicine, but also against the Gravel and Stone, whether in the Reins or Bladder, as also Pains and Stoppages in the Urinary Parts, it dissolving the mucous Matter to a miracle.

§ 2. It may be given to old or young from ℥ij. ad ℥vj. and may be repeated four times in twenty four hours.

§ 3. But it will be much more effectual, if you add to every Dose, as it is taken, 20 or 25 drops of Spirit of *Sal Armoniack*, in the Case of a Pleurisie; or 15 Grains of *Sal Prunellæ* in Nephritick Diseases.

§ 4. ℥vi. of it immediately given upon a Surfeit is an admirable thing, and might save the Life of many a poor Creature, which otherwise for want of it would be lost.

III. *Aqua Antiphthisica*, A Water against Phthisicks.

Bate.] ℞ *The Blood of a Calf new killed, freed from its Fibres, by beating together* ℔*iij. Venice Turpentine ten Ounces; Liquorice not dried* ℔*j. Raisins stoned* ℥*xij. Fat Figs,* N° 100. *Garden Snails,* N° 70. *fresh Orrice-roots* ℥*vj. Spanish Tabacco cut* ℥*ij. Crums of White-bread* ℔*j. mix and distil according to art. Dose* ℥*ij. with its proper quantity of Oyl swimming thereupon, being all mixt together with a Pectoral Syrup, and taken for fifteen days.*

Salmon.] § 1. If this Medicine should receive a gentle Fermentation before Distillation, it would be so much the better, for by that means the Sulphur of the Fruit and Turpentine, beingmore intimate-

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intimately mixt with the Aqueous parts of the Blood and Snails, a more volatile Liquor would come over the helm.

§ 2. Ox Blood, or Sheeps or Lambs-blood, may equally serve in the same Case: But I have found by experience, that *Hogs-blood* exceeds them all.

§ 3. This in some Constitutions will gently Vomit, and in others cause a most admirable Expectoration, cleansing and healing Ulcers in the Lungs to a wonder, and thereby cure Consumptions, take away Coughs and Colds, shortness of Breath, and Obstructions of the Lungs, and cause a free breathing.

§ 4. If it is given for the Cure of Ulcers of the Lungs, or Consumptions, it would be good to mix it with a little *Tincture of Catechu*, made with common Spirit of Wine.

§ 5. But if it is given in Coughs or Pleurisies, or Obstructions of the Lungs, then it would be profitable to add to each Dose ℈j. of *Spirit of Sal Armoniack*, or *de Cornu Cervi*.

IV. *Aqua Antiscorbutica*, The Water against the Scurvy.

Bate.] *Take Leaves of Fumetory, Water-cresses, Scurvy-grass both sorts, Brook-lime, ana* M. xij. *Harts-tongue, Cichory, Pine-tops, Germander, Hore-hound, Agrimony, Centory the less, ana* M. x. *mix: Roman Wormwood, Liverwort, ana* M. iv. *Briony Roots* ℥viij. *Roots of Female Ferne, Dock, Bitter-sweet, inward Bark of the Ash, ana* ℥vj. *Ash-keys* ℥iss. *Seeds of Angelica* ℥ss. *all being fresh and bruised, add Rhenish-wine* ℔vj. *in which a red hot Iron has been* 20 *times quenched: Express all strongly out with a Press, and distil the Liquor in* B. M. *(adding Troches of Capers powdered* ʒvj. *Lime of Mars* ℥iss.) *to the thickness of Honey, the Magma evaporate to the consistency of an Extract, which keep for the* Antiscorbutick Extract.

Salmon.] § 1. I think it would be more effectual if *Plantane-leaves and Roots*, M. x. were also added, because that Herb is a peculiar thing against the Scurvy.

§ 2. It is an excellent Antiscorbutick, and a Water that may be profitably given in all cold and weak Stomachs, and such as cannot digest their Food.

§ 3. It opens Obstructions of the Viscera, sweetens and strengthens the Blood, preserves its Crasis, and is profitably given not only to young Girls against the Green-sickness, and in Scorbutick Rheumatisms, but also to aged People, to comfort and strengthen them.

§ 4. Which it effectually does if given ad ℥ij, Morning and Evening, (a little dulcified with white Sugar) for 15 or 20 days together. Dose of the Extract a ʒj. ad ʒij.

V. *Aqua Antiscorbutica altera*, The other Antiscorbutick Water. *Mickleth w.*

Bate.] ℞ *Leaves of Aron, Garden Scurvy-grass, Water-cresses, common Wormwood, ana* M. vj. *fresh Orange-peels* ℥iv. *Nutmegs* ℥ij. *in-*

fuse for a Night in a Gallon of Brunswick Beer or Mum, and distil according to Art.

Salmon.] § 1. You may profitably add to the Composition *Brook-lime, Rocket, A. M. iij. Mustard-seed, Radish-seed, ana ℥iiij.*

§ 2. The four Ounces of Orange-peels must only be the yellow Rind pared off from the white, which in this case is of no great worth.

§ 3. It is a good Antiscorbutick given with other things to the same intention.

§ 4. It purifies the Mass of Blood, cures its Discrasy, and facilitates its Circulation; and is very profitable for such Women or Maids as have an Obstruction of their Courses.

Dose by it self (sweetned) is from ℥j. to ℥ij. in the Morning fasting; and in obdurate Obstructions it may be given from ℥ij. to ℥iv. either alone by it self, or mixt with a glass of White Port Wine.

VI. *Aqua Bechica*, A Water against a Cough.

Bate.] *Take Leaves of Ground-Ivy. Colts-foot, Oak of Jerusalem, ana ℔iij. Hyssop, Rosemary, Penny-royal, Horehound, ana ℔iss. roots of Elecampane and Liquorice, ana ℔iss. Orrice Florentine ℥xij. Figs cut ℔iij. of the best Saffron, Anniseed, sweet Fennel-seed, ana ℥ss. Spirit of Wine lbx. Fountain Water ℔48. digest a while, and distil by a Vesica ℔xxiv. or xxx.* for to make the *Syrupus Tolutanus Magistralis.*

Salmon.] § 1. The Title shews the chief design, as being good against Coughs, Colds, Stoppages of the Breast and Lungs, Wheesings and such like.

§ 2. Dose a ℥ij. ad iv. sweetned with white Sugar-Candy at Night going to Bed; it may also be taken in the day time in like manner, when the Cough proves troublesome.

§ 3. And it may serve for a Vehicle to make Balsams of Sulphur in, or any other Pectoral or Antiasthmatick Medicine. However the Prescript tells you, it is to make the Magistral Syrup of *Bals. de Tolu.*

§ 4. In Coughs or Colds you may mix ℥ij. or iij. of it with a Spoonful of *Tincture of Catechu*, and so give it in a glass of old *Malaga* at Bed-time; or if the Cough is vehement, and there is also pain, instead of the *Catechu*, you may mix with it 12 or 16 drops of the *Anisated Balsam of Sulphur.*

§ 5. It is also good against a *Pleurisy*, whether *Vera* or *Notha*; but then in this case the Dose is to be mixed with *gut.* 15 or 20 of the *Spirit of Sal Armoniack* or *Spirit de Cornu Cervi.*

VII. *Aqua Benedicta*, The Blessed Water.

Bate.] *Take unslackt Lime ℔j. to which affuse boiling Water ℔viij. after the Ebullition is over, and it is sufficiently settled, filter it and keep it for use. Dose ℥iij. or iv. thrice a day, or to be used as common drink for a Month; being drunk it does*

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does much good in many cases, as in redness of the Face, Pustules,&c. in the King's-Evil, Asthma, Phthisick or Consumption of the Lungs, Empyema, malign Dysenteries, watery and Scrophulous Tumors, flux of the Whites, running Gout, Morphew, Freckles, Herpes, Tettars, Gangreens, Oedema, Swellings of the Knees and Shins, common Ulcers, with a Flux of Humors, &c. and in the cure of the Diabetes it is a most excellent Remedy.

Salmon.] § 1. If a few *Cloves, Jamaica Pepper,* or *some other Spice* be infused in it to give it a relish, it will be so much the better.

§ 2. It is certainly an excellent thing to sweeten the Blood and Humors, and to absorb the acid Juices lodging in them, by which means it prevails against Heart-burnings, Soreness of the Stomach, Griping of the Intestines, and such like.

§ 3. You may make an excellent *Injection* for a *Virulent Gonorrhea* with this Water, thus; ℞ *Of this Lime Water* ℥x. *Mercurius dulcis levigated* ℥j. *mix, and shake them so long together, till the Mercurius dulcis precipitates down to the bottom of a black colour.*

§ 4. This Water is to be injected into the *Yard* with a *Yard Syringe,* or into the *Womb* with a *Womb Syringe,* always shaking the Bottle before you put the Syringe into it; and it may be used three, four, or six times a day, as need requires, letting the Patient make Water beforehand, if occasion be.

§ 5. It cures also Tettars, Ring-worms, Herpes, and other Leprous breakings forth, if washed therewith, and some of the black Pouder strewed thereon.

VIII. *Aqua Benedicta Composita,* The Blessed Water Compound.

Bate.] ℞ *Fresh Liquorice* ℥j. *Bark of Sassafras* ℥ss. *Raisins of the Sun stoned* ℥vj. *Nutmegs* ʒvj. *Aqua Benedicta aforegoing* ℔vj. *infuse without heat for two days, then strain and keep it for use. It is better than the former, and more efficacious in several Cases.*

Salmon.] § 1. It is not only good against the afore-named Diseases, but it is also an excellent Pectoral, opening Obstructions of the Breast and Lungs, sweetning the acid Humors, and cleansing the Body of them.

§ 2. And may be of good use, to be taken some few days before the Exhibition of a Purge or Vomit, for that it not only opens but also loosens the toughest Humour. Dose ℥iij. two or three times a day.

§ 3. It is an incomparable Remedy against the stagnation of the Blood, being given with *Spirit. de Cornu Cervi,* or Spirit of Man's Blood, or Spirit of Millepedes, or Earthworms, in a Glass of Wine.

§ 4. And it will serve also to all the Intentions and Purposes of the former Prescript, being used accordingly by those directions; and may be profitably used against Cancerous Tumors and Ulcers.

IX. *Aqua Camphorata*, Camphorated Water.

Bate.] ℞ *Roman Vitriol, fine Bole, ana ℥iv. Camphir ℥j. mix and make a pouder, of which put ℥j. to boiling Water ℔iv. remove it from the fire, and let the Fæces settle. With this Water, being warmed, wash any Ulcer: It stops all Defluxions, cleanses, dries, strengthens, fastens the Teeth, hinders Putrefaction, cures* Ignem sacrum, *Scabby Hands, and prevails wonderfully against Ophthalmies, Epiphora, and other Diseases of the Eyes.*

Salmon.] § 1. To reduce the Camphir into subtil Pouder, you must first drop upon it a small quantity of rectified Spirit of Wine, so with a Knife, or in a little Mortar, you may immediately rub it till it is impalpable, without which you will be troubled to bring it to a fine Pouder.

§ 2. This Water is a good Collyrium, and prevails against all Diseases of the Eyes, taking away Mists, Clouds, Films, Pearls, Blood-shot, or any other Distemper which obfuscates the sight.

§ 3. It also cures Ulcers in the Eyes, by washing them therewith 2 or 3 times a day; and is a most admirable thing against Herpes, Tettars, Ring-worms, or other breakings out in any part of the Body.

§ 4. Tho' it may cleanse and dry Ulcers, and these in the Mouth also, yet I think it not a very convenient Medicament to be applied often to the Teeth, because all sorts of *Vitriol* are apt to blacken, discolour, or foul the Teeth, &c.

X. *Aqua Caryophyllorum*, Water of Clove-Gillyflowers.

Bate.] ℞ *Clove-Gillyflowers new gathered ℔ij. Dates ℔j. Aniseeds, Liquorice, ana ℥j. Lees of Wine ℔xxiv. digest and distil in an Alembick ℔iv. to which add Sugar-candy ℥iv. and hang it in a Nodule, Cloves* N° *iv. Musk and Ambergrise ana gr. v.*

Salmon.] § 1. It is an excellent Cordial-water, good against Faintings, Swoonings, Sickness at Heart, Oppression of the Spirits, Wind, Gripings, and such like; and is very profitable to be given against the Plague, and all manner of pestilential Fevers, proceeding from Putrefaction.

§ 2. It chears the Heart, revives the Spirit, comforts Nature, drives away Melancholy, making merry and pleasant; but by reason of the Musk, you must be cautious not to give it to Women troubled with Vapours or Hysterick Fits.

§ 3. It strengthens the Brain and Memory, fortifies the Animal Spirits, and is good against cold Distempers of the Head. Dose ℥j. in Wine or other convenient Vehicle, upon any Paroxysm or Fit.

§ 4. As for the Dates, they add nothing to the Virtues of the Water, but are only a Charge; my advice therefore is, to leave the *Dates* out, and to put in instead of them, *Jamaica Pepper ℥iij. Nutmegs thin sliced ℥ij. Caraways* ℥j.

℥j. *Cloves well bruised, Winters Cinnamon, ana* ℥ss.

§ 5. Nor is the *Sugar-Candy* to be put in before distillation; but it is to be made into fine Pouder, and put into the bottom of the Receiver, upon which the Water as it distils is to fall.

§ 6. Being thus prepared, it is an admirable Stomatick, and wonderful good against Sickness at Heart, Melancholy, and pernicious Vapors from the Spleen, Reins and Womb.

XI. * *Aqua Cephalica,* A Water for the Head.

Bate.] ℞ *Male Peony-roots* ℥iv. *Roots of Angelica, Valerian, ana* ℥iss. *of Avens* ℥j. *Leaves of Sage, of Rosemary, Betony, Marjoram, Bawm; Flowers of Lavender, Betony, Peony, Marigolds, Sage, Rosemary, Lilly Convally, of the Tile Tree, ana* M. j. *Stæchas* ℥iss. *Red Roses, Cowslips, ana* M. ij. *Lignum Rhodium, yellow Saunders, ana* ʒvj. *Nutmegs* ℥iss. *Galangal* ℥ss. *Cardamoms, Cubebs, ana* ʒiij. *infuse in the best White-wine* lbxiv. *for ten days, then add of the best Cinnamon* lbj. *digest for two days, and distil according to Art. It is profitable against the intemperature of the Head, Head-ach,* &c. *Dose two spoonfuls: Let it be drawn up the Nostrils, bathed well upon the Temples, and places about the Ears, dropt into the Ears, and held in the Mouth; And Lint dipt in it may be applied to the Nape of the Neck: It gives comfort to many, tho' to others it is used in Vain.*

Salmon.] § 1. You most not draw it off to dryness, least the Matter tasts of Burning, unless you distil in *Balneo,* then you may be more secure.

§ 2. But if you have not the conveniency of a *Bath,* but must make use of a Copper *Vesica,* with its Worm, you must when you distil, add a Gallon of Water; then may you draw off, nearly your whole quantity, or so much according to the strength which you design it.

§ 3. You may give it from ℥ij. to ℥iv, in any cold Distemper of the Head: But in hot Distempers it will make the pain worse.

§ 4. If to the Composition you add Winters Cinnamon, Jamaica Pepper, ana ℥j. Cloves well bruised ℥ss. the Water will be much more Cephalick.

XII. * *Aqua Cerasorum Composita,* Water of Black Cherries compound.

Bate.] ℞ *Black Cherries with their Stones well bruised,* lbx. *Red Cows Milk new milked, two Gallons: Leaves of Violet, Bramble, Self-heal, Wood-bind, ana* M. iv. *distil according to Art. Dose half a pint twice a day. It is a most powerful Remedy in the Cure of a Tympanites.*

Salmon.] § 1. This ought to be distilled in *Balneo,* if you would make the Medicine well; and then you may draw off the matter to dryness.

§ 2. The Water is Stomatick and Astringent; and is of good use for those who have old Sores, running Ulcers, Fistula's, &c. which are hard to Cure.

§ 3. It may be used as a Vehicle for most other Medicines, especially for such as are appropriated to the Head, Heart, Stomach, and Womb, and is of singular Use for the Curing of Consumptions.

XIII. * *Aqua Chalybeata*, Steeled Water.

Bate.] ℞ *Mars cleansed* ℥iv. *White-wine* ℔iv. *digest in the Sun, shaking the Glass every day, so long till the Wine grows black, and the Mars becomes altered in its colour; then add Juice of fresh Strawberries gently pressed forth* ℔iv. *Sperma Ceti, Rheubarb, Mummy, ana* ℥ss. *distil to dryness. Dose three or four Ounces twice a day in Fistula's or Ulcers of the Urinary parts, Apostems, Hemorrhoids, Pissing of Matter, Bruises, Coagulated Blood, &c.*

Salmon.] § 1. It is a good Medicine before Distillation, in my Opinion, much better than after, being only filtrated.

§ 2. It cures the Green-sickness in Virgins to a Miracle, and makes them have a good colour in their Faces, even in 3 or 4. times taking, presently taking away all their faintness, weakness, and indisposition to stir up and down.

§ 3. Dose ab ℥j. ad ij. in a Glass of Ale or Wine.

§ 4. It also is good against Consumptions and dries Ulcers and Fistula's, wonderfully disposing them to a present healing.

§ 5. Being distilled, it has some of the same Virtues, but scarcely of half the strength, and therefore is to be given in double the Dose.

§ 6. But this advantage you have by Distillation, that tho' it may not be of half the Vertue, yet it is five times more pleasant than that undistilled. However, the former is preferable; and truly my Experience has confirmed it.

XIV. * *Aqua Chamæmeli Composita*, Camomil Water Compound.

Bate.] ℞ *Camomil Flowers, M30. cut, bruise, and infuse in Water stilled from Camomil it self,* ℔x. *Spanish Wine* ℔xvj. *digest for twenty four hours, then express; and infuse a second time fresh Flowers M. xx. Express again, and the third time infuse fresh Flowers M.xij. then add the yellow of Orange-peels fresh* ℥ij. *Pontick or Roman Wormwood, Centory, Penny-royal, Origanum ana Miiss. Seeds of Dill* ℥ij. *of Anise, Fennel, Caraways, Cumin, Carduus Ben. Ladies Thistle, ana* ℥iss. *Bay and Juniper-Berries, ana* ℥ss. *Nutmegs* ℥iij. *digest a sufficient time, then distil according to Art. It is prevalent against Wind, Cholick, Stone, Obstruction of the Courses.*

Salmon.] § 1. It warms the Stomach, expels Wind, opens Obstructions of the Urine, and brings away Sand, Gravel, or other matter

ter ſtopping the Paſſages.

§ 2. It is a Specifick againſt Pleuriſies, Stitches, and Pains of the Side, coming from Cold or Wind, or both.

§ 3. Doſe ab ʒj. ad ʒiij. in the Morning Faſting. It is alſo found by experience to be good againſt intermitting Fevers or Agues.

§ 4. It is a ſingular thing againſt Obſtructions of the Spleen, and has been proved to be of good Uſe in Hypochondriack Melancholy, and other Diſeaſes proceeding from Wind and Vapors.

XV. * *Aqua Cinnamomi Cardiaca*, Cordial Cinnamon Water.

Bate,] ℞ *Juice of Borrage freed from its reſidence*, ℔ *xxiv. Clove-Gilliflowers, or Carnation Pinks, M. ix. Saffron* ℈*ij. of the beſt Cinnamon* ℔*ſſ. Flowers of Borrage Miv. diſtil in* BM. *according to Art. It is profitable againſt Faintings, Swoonings, dejection of Mind*, &c.

Salmon.] § 1. It is an excellent thing againſt Conſumptions, of what kind ſoever; and may be given in a Hectick; if the Sick drinks plentifully new Cows Milk and ſometimes a ſweet palatable Lime-water, which extinguiſhes the præternatural heat.

§ 2. Doſe ʒj. or ij. alone or in a proper Vehicle, as Syrup and Water of Elecompane, where there is a vehement Cough; in red Poppy-Water, where pains of the Pleura and Spleen are preſent, &c.

§ 3. It expels Wind, and is Cordial, and is profitable to begiven in excruciating Torments of the Stomach and Bowels, or where ſharp humors abound.

§ 4. It is a good thing to be given often in the Meaſles, Small Pox, Spotted, and other malign and peſtilential Fevers.

XVI. *Aqua Cinnamoni Hordeata*, Cinnamon Water with Barley.

Bate.] ℞ *Barley-Water clarified* ℔*viij. beſt Cinnamon* ʒ*xij. digeſt and diſtil according to Art. Taken by Spoonfuls with Oxymel of Squills, it is of admirable uſe in Aſthma's.*

Salmon.] § 1. It is Cordial, good againſt Faintings and Swoonings, and has the Vertues of the former, but is thought to be not altogether ſo hot.

§ 2. It ſtrengthens the Stomach, and very much revives the Spirits. Doſe from 3 ſpoonfuls to ſix, either alone, or in any fit *Vehiculum*.

§ 3. It is uſed more as a Cordial, than in Aſthmatick diſtempers, and is ſingular good for lingring Conſumptions, and where there is a waſting and lowneſs of the Spirits, and a decay of Nature.

§. 4. It is good againſt nauſeouſneſs, loathing of Food, and Vomiting, and is and admirable Stomatick, cauſing a good Appetite and digeſtion.

XVII. *Aqua Cordium Compoſita*, Water of Hearts Compound.

Bate.] ℞ *Calves Hearts new killed, and cut into pieces*, N° *vj. Crums of Bread ſteeped in Cows Milk* ℔*tj. Damask Roſe-water, Orange-Flower-water, ana* ℔*j. Citrons ſliced*, N° *iij. Cinnamon* ʒ*iv. Mace* ʒ*j. Gelly of Hartſhorn made with White-*

wine

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wine ℔iv. *Lambs and Calves Blood freed from the Fibres, ana* ℔ij. *Spanish Wine* ℔iij. *mix and distil according to Art. It is of admirable use against Weaknesses, and dejection of the Strength.*

Salmon.] § 1. It is given with good success in Consumptions Pinings, and Decays of Nature, and may be taken Morning, Noon and Night, from 2 Ounces to 4, either alone, or in some fit mixture.

§ 2. I have proved it in Consumption oftentimes, giving it with *Tinctura Martis*, and by this mixture have done wonders.

§ 3. And so mixt it may be given in Red Poppy-water, as a fit Vehicle, or with *Spiritus Opii*, the making and use of which we have declared at large, in *Cap.* 2. *Sect.* 58. next following.

§ 4. And being used with that *Spiritus Opii*, or with *Spiritus Rhœados Crapularius*, described in *Sect.* 23 of this Chapter: It is a singular good thing against Pleurisies.

XVIII. *Aqua Cosmetica*, The Beautifying Water.

Bate.] ℞ *Calves feet broken*, N° *vj. Mill Dust* ℥iv. *Pouder of Myrrh* ℥ivss. *Wine, Milk, ana* ℔iij. *mix and distil according to Art. with this the Face is to be washed; some smooth pieces of Alum being first shaked up and down in it.*

Salmon.] § 1. Some parts of the Alum being dissolved in the Menstruum, causes it to dry and whiten.

§ 2. It also heals Ulcers, dries up Tettars, or other Breakings out in the Skin, taking away Scurf, Morphew, Sun-burnings, and other like Deformities.

§ 3. But it ought to be used twice a day; and after the skin has first been bathed for a pretty while, with almost scalding hot Water, whereby the Pores will be opened, and so made the more fit to receive into it the vertues and efficacy of the Medicine.

§ 4. And this may do almost as well: ℞ *Milk Water* ℔ij. *smooth bits of Alum* N° *vj. or vij. weighing in all about half an ounce, which being shaked up and down in the Water*, it is then to be used as the former.

§ 5. Some add Juice of Limons to it, to make it more effectual; others *Saccharum Saturni, q. s.* but this last is chiefly of Use, where there are great Heats in the Face.

XIX. * *Aqua Crinalis*, A Water for the Hair.

Bate.] ℞ *Live Flies*, [or rather Bees] ℥iv. *Honey* ℔j. *Milk* ℔ij. *mix and distil, Secundum Artem.* Besides, that it wonderfully helps in an *Alopecia*, or falling of the Hair; it is very good against Deafness, being dropt into the Ears.

Salmon.] § 1. If you infuse Pouder of *Pomegranate-peels* in it after Distillation, it will be more powerful to hinder a falling of the Hair.

§ 2. Also if you infuse therein *Black Pepper* ℥j. to ℔j. of the Water, it will be of more than trible

trible ſtrength in cauſing Hair to grow upon bald places.

§ 3. And if you infuſe *Ant Eggs* in it, being firſt bruiſed, it will be more prevalent againſt Deafneſs and Thickneſs of Hearing; all which things you may uſe according to your diſcretion.

XX. * *Aqua Cucumerum Compoſita*, Water of Cucumbers compound.

Bate.] ℞ *Juice of Garden Cucumbers* ℔iv. *White-wine* ℔vj. *Bean Cods* ℔iſs. *Leaves and Roots of Reſt-harrow* ℔j. *Juniper-Berries* ℥vj. *Nutmegs* N° 21. *Parſly-ſeeds* ℥iv. *Seeds of white Saxifrage* ℥iſs. *Flowers of Broom M. viij. of Elder, of white dead Nettles, ana M. vj. diſtilled according to Art, to dryneſs.* Doſe ℥ij. every Morning to expel the Stone and Gravel, or Sand, Pills made of Cypreſs Turpentine being premiſed.

Salmon.] § 1. You may give before-hand the *Pilulæ Diureticæ Cloſſæi*, deſcribed in our *Doron Medicum, lib.* 2. *cap.* 23. § 3.

§ 2. Or theſe following; ℞ *Cypreſs Turpentine* ℥ij. *Aniſeeds, Caraways in fine Powder, ana, enough to make it up into Pills*; of which the Sick may take from ʒj. ad ij. every Night going to Bed; for ſome time, drinking after it, the Water in the Preſcript.

§ 3. Theſe things thus jointly uſed, prevail alſo againſt the Scurvy and Dropſy, and all other ill habits of Body.

§ 4. If to the Compoſition you add Leaves of the biting Arſmart ℔iij. or Onions chopt ſmall, ℔iſs. the Receipt will be much the better.

§ 5. The Doſe may be from ℥ij. to ℥iv. according to the Age of the Patient, and exigency of the Diſeaſe.

XXI. *Aqua Cynosbati Compoſita*, Water of Hipps compound.

Bate.] ℞ *Hips, or Fruit of the wild Bryar, bruiſed Seeds and all,* ℥vj. *Seeds of Radiſhes* ℥ſs. *of Parſly* ℥j. *of Saxifrage* ℥ij. *Roots of white Saxifrage* ℥j. *Liquorice* ℥iij. *of Althæa* ℥vi. *Whey* ℔x. *mix, and diſtil according to Art.* Doſe, ℥iv. twice a day, with Syrup of Marſh-mallows and Purſlane, the Conſerve of the Pulp of the Hipps being premiſed.

Salmon.] § 1. It ought to be diſtilled in BM. to dryneſs; otherwiſe, if in a Copper Veſica with its Alembick, you muſt add Water ℔iv. or vj. and then draw but half off to avoid burning.

§ 2. It is a good thing againſt Sand, Gravel, or mucous Matter obſtructing the paſſages of the Reins and Bladder.

§ 3. It is ſaid to Cure a Strangury or Diſury, from what Cauſes ſoever, except that from a great and hard Stone in the Reins or Bladder.

§ 4. It is a good thing to open Obſtructions, expel Wind out of the Stomach and Bowels, eaſe Cholick Pains, and facilitate the Birth of a Woman in Labour, eſpecially being mixt with *Powers of Penny-royal.*

XXII. *Aqua*

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XXII. *Aqua Digitalis*, Water of Fox-Glove.

Bate.] ℞ *Fresh Fox-Glove* ℥xij. *Liquorice* ℥iv. *Aniseeds* ℥ij. *Strong Beer* ℔xij. *ferment it nineteen days, and distil it accordsng to Art.* It is an admirable Anti-asthmatick and is powerful to cause expectoration: Dose some spoonfuls often.

Salmon.] § 1. It takes away Wheesings and Shortness of Breath, and is prevalent against most Distempers of the Lungs, which obstruct or hinder Breathing.

§ 2. Dose ℥j. ad ij. in which 10 or 12 drops of Spirit of Sal Armoniack may be mixt: thus taken it is good against Quinsies, Pleurisies, and the like.

§ 3. If you give the *Syrup of Fox-Gloves* with this Water, it most effectually Cures Consumptions; I have done such great Cures by it thus given in Consumptive People, and such as have been given over as uncurable, as have put me into an amasement.

§ 4. But then it is to be continued, and given for some considerable time, till it is manifest the Obstructions causing the Consumption are perfectly removed, and the Patient evidently regains flesh and strength.

XXIII. *Aqua Embryonum*, a Water to preserve the Child in the Womb.

Bate.] ℞ *Fresh Eringo-roots* ℔j. *Dates* ℔ss. *Sweet Almonds* ℥iv. *all being bruised and brought into a pulp, add Nutmegs* ℥iij. *Mace* ℥ss. *Barley, Cinnamon-water* ℔ss, *Spanish Wine, Baum-water, ana* ℔ij. *mix, and distil according to Art.* Dose ℥ij. thrice a day with Sugar Pearled; an Electuary made of Conserve of Red-Roses, Clove-gilliflowers, preserved Nutmegs, Pouder of Ivory and Pearl, &c. being premised.

Salmon.] § 1. This Medicine daily taken, nourishes the Child in the Womb, and prevents Miscarriage where it is feared, as also in such as are accustomed to it.

§ 2. It is Cordial also, and restores in Consumptions.

§ 3. If you distil in BM. you may draw off to dryness; otherwise you must add Water to prevent burning.

§ 4. In cases of Miscarriage, you may give it thus: ℞ *Tincture of Catechu* (made with common Spirit of Wine) ℥ss. *of this Water, from* ℥ij. *ad* ℥iv. Mix for a Dose, to be given Morning and Evening.

§ 5. Or you may give it mixt with a proportional quantity of Red Poppy-water, or *Spiritus Opii*, especially if the Woman has any bearing down, or pains in the lower part of her Belly, or any show of her Courses.

XXIV. * *Aqua Epidemica*, The Plague-Water.

Bate.] ℞ *Celandine, Rosemary, Rue, Sage, Mugwort, Worm-wood, Pimpernel, Dragons, Scabiouse, Agrimony, Baum, Scordium, lesser Centory, Carduus Ben. Betony, Ros. Solis, ana*

ana M. ij. Roots of Angelica, Tormentil, Gentian, Zedoary, Liquorice, ana ℥j. macerate in White-wine ℔viij, for two days, then distil according to Art.

Salmon.] § 1. You may distil in BM. to dryness; otherwise if in a Copper Vesica, you must add Water to prevent the Empyreuma.

§ 2. This Water is profitable against the Plague or Pestilence and all manner of malign and pestilential Fevers, &c.

§ 3. It may either be given alone from ℥ij. ad ℥iv. or used as a Vehicle to convey other Medicines for the same Intention, in letting the sick be in bed, and sweating well upon it.

§ 4. In my Opinion, if three or four good large Limons were thin sliced and put (after Distillation) into the Water, it would be so much the better.

§ 5. For that the particles of that acid Juice, certainly destroys all the *Vermiculi*, or *Miasmata*, which are the Progenerators of the Plague, or Pestilence; and also more powerfully overcome it when the Infection is begun.

§ 6. For this reason it is, Vinegar is put into almost all our Plague-Waters, by *Sylvius*, *Barbet*, and others of the more learned Physicians.

§ 7. Also if to the Composition you should add *Jamaica Pepper bruised ℥v. Winters Cinnamon bruised ℥iij.* the Medicament would be very much the better.

XXV. **Aqua Febrifuga*, The Febrifuge-Water.

Bate.] ℞ *Tops of Centory the less, M. viij. Wormwood, Feather-few, Cink-foil, Maripolds, Tormentil, Green Tobacco, Sorrel, Carduus Ben. Dragons, Camomil, Germander, ana M. vj. Dandelion M. xij. bruise them all and add to them White-wine ℔iv. and distil according to Art. To the distilled Water affuse new Herbs, digest and distil to dryness. In the distilled Water infuse Roots of white Dittany, of Tormentil, ana ℥iss. Seeds of Citrons, of Carduus Ben. of Carduus Mariæ, of Sorrel, ana ℥ij. Leaves of Scordium, Goats Rue, ana M. iv. then distil according to Art.*

Salmon.] § 1. This Water is profitable against all manner of Fevers, whether continent, continual, or intermitting, commonly called Agues.

§ 2. You may either distil in a Copper Vesica, adding a convenient quantity of Water to keep it from burning, or distil in a Glass Body in BM. then may you distil to dryness.

§ 3. This Water is also good for a cold and weak Stomach, fainting Fits, Palpitation of the Heart and such like.

§ 4. Dose two, four, or six spoonfuls, according to the Age, Sex, and as necessity requires.

XXVI. *Aqua Formicarum*, Water of Pismires.

Bate.] ℞ *Of the larger Pismires (gathered in* May *or* June*)* lbj.

℔j. *Honey* ℔ij. *Spring-water* ℔j. *mix, and distil according to Art.* Dose one Spoonful. It provokes Vomiting, and cures Tertian Agues.

Salmon.] § 1. Let it be distilled in a Glass Body in *Balneo*; otherwise, if in a Copper Vesica tinn'd within, you must not draw off much above a quart, least the Water tasts of burning, and so the Medicine be spoiled.

§ 2. If it be fermented before Distillation, it will make an *Aqua Magnanimatis*, which will be good against Melancholy, Sadness, and dejectedness of Mind.

§ 3. If this Water is mixed with *Powers of Vipers* (gut. 30. to ℥ss. of the Water) it powerfully removes impotency, tho' of long standing: but they must be thus used for some considerable time.

§ 4. Also the Instruments of Generation ought to be anointed daily Morning and Evening with this Oyl: ℞ *Oyl of Ben.* ℥iv. *Chymical Oyls of Sassafras, Pulegium, Origanum, Savin, Limons, Lavender, ana* ʒss. *mix them for use.*

XXVII. *Aqua Fortis Duplex*, Double Aqua Fortis, or Dissolvent of Silver.

Bate.] *It is made of Nitre and Vitriol, ana: distilled by a Retort according to Art. It dissolves Silver and Copper.*

Salmon.] § 1. Filings of Venus or Luna in Leaves may be dissolved by this Water: which being dissolved, the Water may be separated by BM. and the Calx of Luna, &c. will remain at bottom.

§ 2. If you dissolve the Calx again in double the quantity of fresh AF. abstracting, and putting on fresh continually, you will at length find the Metal reduced to an Oyl at bottom.

§ 3. For the fresh AF. does every time divide the Metalline Particles into infinitely finer and finer Atoms, till at length they become as it were a perfect Oyl, according to the Opinion of *Paracelsus.*

XXVIII. *Aqua Fortis Aluminata*, Aqua Fortis made with Alum.

Bate.] ℞ *Alum, Nitre, ana* ℔j. *Vitriol* ℔ss. *mix and distil according to Art.*

Salmon.] § 1. It is to be distilled by a Retort, as the former, and serves for the same uses.

§ 2. But this is much better for some work than the former, for that it blacks not so much as that does; as in the dissolving of Pearls or Corals.

§ 3. It is also better for the dissolving of Silver in order to the making its Crystals for the *Pilulæ Lunares*, which see in its proper place.

XXIX. *Aqua Herpetica*, a Water against Tettars, Ring-worms, Itch, Scabs, Herpes, &c.

Bate.] ℞ *Roch Alum* ℥j. *White Vitriol* ℥ij. *best White-wine Vinegar* ℔j. *fresh Roots of Elecampane* ℥ij. *Leaves of Green Tobacco*, M. j. *boil to the consumption of a third part, strain,*

strain, and add burnt Vitriol ℥ss. mix, and keep it for use. Cloths, being wet in a sufficient quantity of this Water, are to be laid upon the *Herpes*, and permitted to dry on, four times, *viz.* till (the Scabs yet sticking on) a new skin be generated underneath.

Salmon.] § 1. It not only cures *Herpes*, but also Scabs, Itch, Tettars, Ring-worms, and other breakings out of the skin.

§ 2. And I heard a certain Lady say (who constantly used it) that it will take away Lentils, Freckles, Pimples, Sun-burning, Tannings, and such like Deformities.

§ 3. You may either use it with a Cloth, as aforesaid, or only by bathing the parts affected several times a day, but then you must be sure, to let it be always very hot when you use it, so will it do 5 times more good than if you should use it cold; because hot it the better opens the pores, and penetrates the skin.

§ 4. If you steep good Virginia Tobacco in the Water, and then use it for the purposes specified, it will be much more effectual to all the intentions for which it is designed.

§ 5. You may regulate the Proportions thus: ℞ *Of this Water* ℔ij. *Tobacco grosly cut, stalks and all* ℥ij. *Infuse in a gentle Balneo* 48 *hours, and keep it for use upon the fæces.*

XXX. * *Aqua Hirundinum*, Water of Swallows.

Bate.] ℞ *Live Swallows* N° 40. *Castoreum* ℥j. *White-wine* ℔iij. *distil.* It prevails admirably in cure of the Epilepsy.

Salmon.] § 1. If you distil in BM. to dryness, and cohobate 4 or 5 several times, your Water will be so much the stronger and better.

§ 2. For at length by many Cohobations, the Volatile Salt will in some measure ascend and mix with the Water, which at the first distillation it will not.

§ 3. It is an excellent thing indeed in the cure of the Epilepsy: Dose ab ℥j. ad ℥iij. every Morning for forty days together.

§ 4. And if in every Dose iv. or vj. Grains of *Sal Volatile Cranii Humani* be added the Medicine will be so much the better.

§ 5. You may give it either alone, or in Black-cherry-water, or Peony Water, Simple or Compound.

XXI. * *Aqua Hormini Composita*, Water of Clary compound.

Bate.] ℞ *Leaves of fresh Clary bruised, M. xij. Spirit of Wine* ℔ij. *distil to dryness: to the distilled Water put fresh Clary, M. x. Flowers of Arch-angel, or dead Nettles, M. vj. and distil a second time: repeat the affusion and distillation with fresh Herbs and Flowers, adding also Nutmegs* ℥j. *the Liquor distilling is to be received in a Glass upon double refined Sugar* ℥vj. *Ambergriese gr. iij. tyed up in a Rag, and hung within the Vial.* It is of great use (among young and tender Women) for preventing Abortion; it also stops the Whites.

Salmon.]

Salmon.] § 1. You must distil it every time in a Glass Body, in BM. it being digested or macerated 24 hours before distillation; and then you must draw off the Spirit with a gentle Fire.

§ 2. It is good for the intention: But if you put into every quart of the Water *Catechu* in fine Pouder ℥ij. and so make a Tincture, it will be ten times stronger to all the purposes aforementioned, and will also stop the most violent flux of the Terms.

§ 3. Dose one or two spoonfuls at Night; but it is better to give it in *Red Poppy-water*, or with *Spiritus Opii*, than to give it alone.

§ 4. And so used, it is much more prevalent in all the Cases aforementioned, especially where any pains of bearings down are present, or any show of the Terms; and those Women which thus use it according to my directions, I am sure will give me thanks for this my advice.

XXXII. * *Aqua Hungarica*, The Queen of *Hungary*'s Water.

Bate.] ℞ *Fresh Rosemary Flowers lbij, Alcohol of Wine*, i. e. *the highest and best rectified Spirit lbiij. digest and distil, S. A.* It prevails against the running Gout and Sciatica. Dose one spoonful twice a Week. The Face and parts affected may be daily washed therewith; it may also be drawn up the Nostrils, as in the use of the *Aqua Cephalica*.

Salmon.] § 1. It is of singular good use against Palsies, Cramps, Convulsions, the Falling-sickness, Vertigo, Lethargy, Megrim, Head-ach, and indeed most Diseases of the Head, Brain, and Nerves, proceeding from a cold Cause.

§ 2. It may be outwardly Bathed upon the part twice a day (for it is a neat and cleanly Medicine) as also drawn up the Nostrils against the Vertigo, Head-ach, Megrim, *&c.*

§ 3. Inwardly it may be taken against all the same Diseases, as also against dimness of sight, cloudiness of Eyes, and even blindness it self, where it proceeds from an inward cause.

§ 4. Nor do I believe there is any better specifick in the World, against weakness of the sight, hurt of the Optick Nerves and Palsies, than this very Water is.

§ 5. But it ought to be taken every day about a spoonful at a time in a Glass of pure Ale or Wine, or some other convenient Vehicle, as Black-cherry-water, *Aqua Lactis*, *&c.* for a quarter of a year together, or more; yea, half a year if need requires.

§ 6. In external pains of the Gout, Sciatica, *&c.* as also in vehement Cholicks (for which it is an admirable thing) it will be much more powerful, if you add to it (to every quart of the Water) ℥ij. of the best Camphir; and then to Bath the place affected therewith.

§ 7. As also to take a spoonful of it at a time, in a Glass of Sack, in the most excruciating Cholick.

§ 8. This

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§ 8. This Water is a thing I have used many years in my practice, and have found it of singular use in a great number of Diseases, more than I have here time to enumerate. I always keep great quantities of it by me, and have sent it thro' the Nation, to the most considerable Persons of the Kingdom, Ladies of Quality, Physicians, Chirurgeons, &c.

§ 9. Those who desire it, may be supplied with what quantities they please, as good as can be made by Art, at very reasonable Rates.

§ 10. It is good also to preserve against the Measles, Small-pox, Plague, or Pestilence, and other infectious Diseases.

XXXIII. *Aqua Lactis Alexiteria*, Milk-water resisting Poyson.

Bate.] *Meadsweet, Carduus Ben. Goats Rue, ana M. vj. Mint, common Wormwood, ana M. v. Rue M. iij. Angelica M. ij. being bruised, add new Milk 3 Gallons, mix and distil in a common Still.*

Salmon.] § 1. It is better if it be distilled in a common Vesica tinn'd within, with a very gentle Fire, but much better if it be distilled in a Glass Body in BM. for then you may distil to dryness, and never hazard an Empyreuma, or taste of burning.

§ 2. The intention of this Medicine is to be used as a general Vehicle to take many other Medicines in, it being much better and pleasanter than Beer, Ale, Wine, Water, Broths, or Posset-drinks.

§ 3. However it is good against Poison, the biting of Venomous Creatures; and is many times used to quench thirst in Violent, Continual, and Burning, or Malignant Fevers, where other Liquors being given would be prejudicial. Dose ℥ ij. ad vj.

XXXIV. * *Aqua Lactis Cardiaca*, A Cordial Milk-water.

Bate.] ℞ *Sweet-scented Apples (as Pippins and Pearmains) with their peels and kernels* ℔ *xij. Bawm, Scordium, ana M. x. Zedoary, Tormentil, ana* ℥ *viij. new Milk* ℔ *x. mix and distil S. A.*

Salmon.] § 1. It ought to be distilled as we have before directed; and then you have a pleasant Cordial Water to be used as a Vehicle to give any Cordial Medicines in, against fainting Fits, Palpitation of the Heart, Swooning, and other Distempers of the *Præcordia*.

§ 2. Thus: ℞ *Of this Water a* ℥ *ij. ad iv. plus minus, Cinnamon-water* ʒ *iij. Tincture of Coral* ʒ *j. Confectio Alkermes* ℈ *ij. Syrup of Clove-gilliflowers, q. s. mix* for a Cordial Draught.

§ 3. If to the Composition you add *Angelica, Borrage, Buglos, ana M. vj. Cucumbers (if in season)* ℔ *j.* the Water will be much more Cordial and Pleasant.

§ 4. Besides, it will be an excellent Antiscorbutick; and may be given to Children in the Gripes, and Vehement Torsions of the Guts, Convulsions, Consumptions, Rickets, &c.

XXXV. * *Aqua Lactis Nephritica*, Nephritick Milk-water.

Bate.] ℞ *Leaves of Althæa, Pellitory of the Wall, Cleavers, ana M. iv. Roots of Althæa ℥xij. Liquorice ℥iij. of white Saxifrage ℥iv. new Milk ℔xij. mix and distil, S. A.* Or thus: ℞ *Whites of Eggs, with the Shells, (the yolks being taken away)* N° *xxiv. beat them well together, then add Milk warm from the Cow ℔viij. mix and distil according to Art, with a gentle fire.* Dose half a Pint every Morning, for fifteen or twenty days; and afterwards once or twice a Month, or for two or three days together, about the New and Full Moons.

Salmon.] § 1. This is chiefly to be used as a Vehicle to convey other Nephritick Medicines in, after this manner: ℞ *Of this Water a ℥iv. ad viij. Oleum Tartari per deliquium ʒiij. Pouder of Winter-cherries ℈j. mix for a Dose.*

§ 2. This Water ought to be distilled in a Glass Body in BM. and then you may distil to dryness, otherwise it is impossible to avoid an *Empyreuma*.

§ 3. If to either of the Prescripts you add, *Parsly M. viij. Biting Arsmart, M. vij. Winter-cherries ℔j. Daucus-seeds, Onion-seeds, ana ℥vj. and then distil as directed*, the Medicament will be the more powerful to the designed Intention.

§ 4. Also it would be good after distillation, to put into the Water the Ashes of the Feces, well calcin'd, for thereby the saline parts of the Ingredients will be communicated thereto, which otherwise it would want.

XXXVI. * *Aqua Lactis Pectoralis*, A Pectoral Milk-water.

Bate.] ℞ *Garden Snails bruised ℔j. Hogs-blood ℔ij. Maiden-hair, Ground-Ivy, ana M. iij. Harts-tongue, M. ij. Liquorice, Aniseeds, ana ℥iij. Jujubs, Raisins, ana ℥iv. Milk warm from the Cow, ℔xij. mix, and distil S. A.* It is a good Pulmonick, profitable against the Phthisick, Consumption, Pining, &c.

Salmon.] § 1. In my opinion, if *Sal Armoniack ℥vj.* be added and dissolved in the Milk and Hog's-blood, and then distilled, it will be much more powerful to the purpose intended.

§ 2. It is good against Coughs, Colds, Obstructions of the Lungs, Shortness of Breath, and other Diseases of those parts.

§ 3. You may give it from an ounce to ℥iij. especially mixt with some pectoral Syrup; and is used as a Vehiculum to convey any Pectoral Medicine down the Throat in.

§ 4. Or it may be prescribed thus: ℞ *Of this Water ℥iij. Syrup of Violets ℥iss. Spirit of Hartshorn, gut 25. mix for a Dose*, to be given in the Paroxysm, and at other times, Morning and Evening.

XXXVII. * *Aqua Lactis Scorbutica*, Milk-water against the Scurvy.

Bate.] ℞ *Sea Scurvy-grass, greater Housleek, ana M. xij. Water-cresses,*

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cresses, Brook-lime Grass, ana M. vj. Chervil M. iv. Milk warm from the Cow ℔xij. *mix and distil S. A.*

Salmon.] § 1. Distil in a Glass Body in BM. The Title shews the use: Dose ℥iv. or more at a time, every Morning fasting.

§ 2. But its chief design is to be a Vehicle to convey other Antiscorbutick Medicines in.

§ 3. One of the greatest Antiscorbuticks in the Republick of Medicine is the greater *Plantane*, and not inferior to that, is our common *Cucumber*, and therefore they ought to be added to the Composition.

§ 4. You may take *Plantane M. viij. Cucumbers* ℔iij. *Winter-cherries* ℔j. *Horse-Radishes scraped* ℥iij. *which mix with the other Ingredients.*

XXXVIII. *Aqua Lamii Composita*, Water of Dead Nettles Compound.

Bate.] ℞ *Flowers of the White Arch-Angel M. x. Comfrey M. viij. Clary M. iv. Dates* N° 24. *Nutmegs* ℥iij. *Cassia Ligna* ℥j. *Wine and Milk, ana* ℔vj. *mix and distil to drineſs.* It is used in the over-flowing or flux of the Whites in Women; Dose ℥iv. at a time.

Salmon.] § 1. If you distil to drineſs, you must do it in a double Vessel, to avoid burning.

§ 2. And if to every quart of Water you add ℥ij. of the best *Catechu* in fine pouder, it will be much more powerful to the end designed.

§ 3. The Water will extract a good Tincture from the *Earth*, and make it an excellent Medicine against the over-flowing of the Terms also, or any inward Flux of Blood, spitting of Blood, pissing Blood, &c.

§ 4. Whereby it will be prevalent against Consumptions, Phthisicks, violent Coughs, Catarrhs, or any Flux of Humors.

§ 5. The Tincture may be given ab ℥j. ad ℥iij. at Night going to bed in a Draught of Ale.

XXXIX.* *Aqua Melluminata*, Honeyed-water Alumed.

Bate.] ℞ *Leaves of Oak, Ribwort, Bramble, Strawberries, Cinquefoil, Bugloss, Yarrow, Woodbind, Sage, Rosemary, red Roses, ana M. ij. Chips of Guajacum* ℥iv. *Rhodium* ℥ij. *Roots of Bistort* ℥j. *Sulphur Vive* ℥iss. *Vitriol* ℥j. *Alum* ℥iv. *Honey* ℔ss. *Water* ℔viij. *boil to the consumption of one half, strain, and the fæces being settled, you may keep it for a year.* It is used with *Oyl of Sulphur*, for to cure Ulcers of the Mouth and Gums: with *Flowers of Nitre* it is the best Remedy against Pustules.

Salmon.] § 1. Besides what the Author has prescribed it for, it is a most excellent thing against all manner of Tettars, Ring-worms, Herpes, or other like breakings out, proceeding from a virulent, salt, and sharp Humor.

§ 2. But this you must observe in the use of it, that the Patients must Bathe with it for a quarter of an hour, or more, at a time, as hot as they can endure it, else it will not so effectually answer the Intention.

XL. *Aqua Mercurialis*, Water of Mercury sublimate.

Bate.] *Take Roots of White Lillies ℥ij. Spring-water, q. s. boil and strain, to ℔j. of which add bitter Almonds blanched ℥ij. make an Emulsion. In this dissolve (by grinding in a Glass Mortar) Mercury sublimate ℥ij. and make a most White Water*, S. A. It takes away redess and pustules in the Face, for which it is a most certain Cure: touch the places often with the Water, drop by drop at a time, and drying it always with a Rag.

Salmon.] § 1. This Water seems to whiten at first, and without doubt it is of good use, if wisely used, to take away the defilements of the skin.

§ 2. But it ought to be used with caution and discretion, and not for a constancy, least the infinitely small particles of the Mercury should by degrees, in length of time, insinuate themselves into the flesh, and in process of the use corrupt the Bone.

§ 3. For an ordinary use, and with much less danger, the Water of the *Gryphs Mercurii* is much better to be used, which is thus made.

§ 4. ℞ *Sublimate ʒj. in fine pouder: Water boiling hot ℔iv. put the Water upon the Mercury, in a White-ware Bason, and dissolve; or dissolve by boiling in an earthen Pipkin: then precipitate with Oleum Tartari per deliquium: the Mercury being fallen, decant the Water for use.*

§ 5. It is admirable to wash any old Sore or running Ulcer withal, and to bring it to a speedy healing; and to cleanse and beautify the skin, and take away the deformities thereof.

XLI. *Aqua Odorifera*, Sweet *or* Perfumed Water.

Bate.] *Take Oranges and Limons, ana N° vj. Roots of Florentine Orrice, white Sanders, Cinnamon, ana ℥ij. Mace, Cloves, ana ʒvj. Flowers of Lavender, M. iv. of Roman Camomil and Rosemary, ana M. ij. Leaves of Marjoram M. ij. Basil M. iij. Styrax Calamit. ʒiij. Benjamin ʒv. Damask Roses M. xv. round Cyperus ℥ss. Fountain-water ℔xxx. distil all in an Alembick according to Art, drawing off only the first ℔xv. to every pint of which add (tied up in a Nodule) the best Musk, gr. ij.*

Salmon.] § 1. The *Musk* ought to be mixt with a third part of a Volatile Sulphur, such as is in that of *Civit*, to open its Body, adding a few drops of *Juice of Limons*, to make it exert its odour more powerfully, thus:

§ 2. *Take Musk gr. ix. Civit gr. iij. grind them together on a Stone or in a small glass Mortar, to which add Juice of Limons gut. iij. or iv.*

§ 3. This being put in a Nodule, will sweeten or perfume twice the quantity of Water that the Musk will do alone; and will make almost an incredible Odour.

§ 4. The Water it self is used as a Perfume, or it may be used in place of Rose-water.

§ 5. And is a most excellent Vehicle to make any Cordial Julep

lep up withal, for it admirably comforts and recreates the Animal Spirits.

XLII. * *Aqua Omnium Florum*, All Flower-water.

Bate.] *It is made of Cows-dung gathered in* May, *adding to it a third of White-wine, and then distilled.* Or thus: ℞ *Fresh Cows-dung, Snails with their Shells bruised, ana. mix and distil in a common Still.* This Water is said to be good against the Gout, running Gout, Rheumatism, Stone, Stoppage of Urine, &c. being very effectual: Dose ℥iv. at a time.

Salmon.] § 1. This is a Water of general tendency, being a Spirit extracted from the Sulphur of Plants in general.

§ 2. It is not only good against the afore-named Diseases, but a most excellent thing against the *Scurvy* in particular, as also against the *Palsy*, and other Distempers of the Nerves, Blood, and Humours.

§ 3. There was a certain Woman, who from the most obscure Fortune set up for a Doctress, and undertook the Cure of all Diseases with this only Remedy, or rather the same worse made; and from the state of a Beggar became Mistress of more than 20 thousand pounds.

§ 4 This she gave in all Distempers and against all Diseases; and so happy and successful she was, that she cured almost all such who were given over by others for uncurable, and it was rare that any thing came under her hands that miscarried.

§ 5. This was her Catholicon, this her excellent secret, by which she did such wonders in the Art of Physick. ℞ *Fresh Cows-dung gathered in the morning,* ℔xij. *Spring or River-water* ℔xxx, *mix and digest twenty four hours; let it settle, and then decant the clear brown Tincture.*

§ 6. It is without doubt a good thing, and so much the better, because of its general tendency, and being constantly used with such an approved success.

§ 7. By reason it is extracted from Cows-dung, it has a pretty kind of sweet-scent, as if it was perfumed with *Musk*, or some other odoriferous thing.

§ 8. Her usual proportions and way of giving it was thus: She ordered the Patient to take about five or six Ounces in the Morning fasting, and last at Night going to Bed; and if the Disease was rebellious or stubborn, as much half an hour, or an hour before Dinner.

§ 9. And if there was any external affect, to Bathe the part two or three times a day therewith very hot, for a quarter of an hour at a time.

§ 10. By this only, and alone thing and method, she did even almost incredible things. 'Tis true, the Medicine is but a mean thing, but not to be despised.

XLIII. *Aqua Ophthalmica*, Eye-Water.

Bate.] *It is made of the Water from Gum Guajacum, distilled by Retort in Ashes, mixt with Brick-dust, with a moderate Fire; the Oyl being separated, and the Water being rectified, and mixed with white Rose-water*, S.A. It is a most excellent Remedy in Diseases of the Eyes.

Salmon.] § 1. This is the acid Water of the Gum, which being rectified is to be mixed with its equal weight or quantity of the Rose-water, or double or tripple quantity, according as the Patient is less able to endure the pain and smarting.

§ 2. And with which the Eyes are to be washed two, three, or four times a Day, and at Night going to Bed, after washing, a little Virgin-honey is to be put into them.

§ 3. It will be good to dissolve in this flegm of Gum Guajaci, Roch Alum, *in every Pint of the Water, of the Alum ℥ij. and of White Vitriol ʒs.* by which it will be made more effectual.

§ 4. These things being dissolved in it, it is to settle for fourteen Days, and then to be easily decanted from the feces, and filtered through brown Paper; and so to stand again to settle, and be decanted, that all the Terrene Particles may be perfectly separated, and the Water becomes purely clear; and then it will be an admirable thing indeed.

§ 5. It may be used three, four, or five times a Day, as you see the vehemency of the Distemper requires; it strengthens the part, and stops all sorts of defluxions into the same.

XLIV. * *Aqua Ophthalmica Sapphirina*, The Sapphirine Eye-water.

Bate.] *It is made of Water of Calx Viva lbi. Sal Armoniack ℥iij, put and kept in a Copper Bason, till it acquires a Sapphirine Colour, and then to be filtered for use.* It is invented for various Diseases of the Eyes, three or four drops at a time being pnt into them: all sorts of Ulcers, defluxions of Humors, Rheums, Pustules, Suffusions or Cataracts, &c. are cured herewith.

Salmon.] § 1. All the difficulty in this Recipe, is to find out the just Proportion of the Lime to the Water, to make the Water of a just strength, which because some may be ignorant of, we shall here set down.

§ 2. ℞ *Quick-lime lbiij. put it into a large Vessel, upon which affuse three Gallons of hot Water gradatim, stirring the Lime till it is dissolved in the Water: stir it often with a wooden Spatula, that the Volatile Salt may dissolve and mix with the Water: let it settle for some hours, then decant the clear, which filter, and keep for the use aforesaid, close stopt.*

§ 3. This is a most incomparable Water for most Diseases of the Eyes, it cures Ophthalmies, or Blood-shot, Clouds, Films, Pearls,

Pearls, or what other matter soever, which obstructs or hinders the sight.

§ 4. It cures sores, ulcerated, rheumy or running Eyes, and has in a short time made those see, which have for some Years been in a manner quite Blind.

§ 5. I cannot enough praise it, but it ought to be esteemed as a Jewel. See the Preparation in other Proportions in our *Druggist's Shop, lib.* 4. *cap.* 14. *Sect.* 15.

XLV. * *Aqua Pectoralis*, The Pectoral Water.

Bate.] ℞ *Roots of Elecampane, of round Birthwort, ana* ℥iij. *of our Orrice, or Flower-de-luce* ℥ijs. *of Florentine Orrice, Parsly, Fennel, Liquorice, ana* ℥j. *Green Tobacco M. iv. Scabiouse, Veronica, Coltsfoot, Hyssop, Horehound, Maidenhair, Carduus Ben. ana M.* j. *Jujubes, Sebestens, ana* N° xxx. *Figs, Dates, ana* N° xvj. *Seed of Tobacco* ℥iij. *of Nigella* ℥j. *of Nettles, of Cresses, Mustard seed, Linseed, ana* ℥ij. *Bay-berries* ℥vj. *Pouder of Guajacum* ℥viij. *Venice Turpentine (dissolved in the Yolks of Eggs)* ℥iijs. *White-wine* ℔xvj. *digest three Days, and distil, S. A. In the time of the distilling, let Hog-lice bruised* N° 60. *be tied up in a Rag, and hung by a Thread in the Receiver.* It is a very powerful thing against Asthma's, Dyspnœa's Coughs, and tartarous Diseases of the Lungs and Reins, &c. Dose two Ounces twice or thrice a Day, out of the Fit.

Salmon.] § 1. All the Ingredients are to be gotten Green that can be, and then the whole Matter or Compositum is to be digested a Day or two before distillation, in order to a previous Fermentation.

§ 2. Which done, you may distil either in B M. or a Copper *Vesica* tinn'd within, drawing off only ℔viij. so will you have a fine and spirituous Liquor, good for all the intentions proposed.

§ 3. But if you draw off to dryness, you will have a double Liquor. 1. An Etherial Oyl; 2. A weak Water; which may be separated and kept apart.

§ 4. But the first way will be the best, in which the Liquor will be united into one; for otherwise you must draw off the Water again, or rectify it, separating the fine Spirit from the inconsiderable Water.

§ 5. Then you must join the Spirit with the Oyl, and unite them by a third distillation; all which is a great deal of trouble.

§ 6. It is an excellent thing against Stone and Gravel, whether in Reins or Bladder, given as directed for a Month together. If it be well made and spirituous, you will find from half an Ounce to one Ounce, to be Dose large enough.

XLVI. * *Aqua Persicariæ composita*, Arsmart Water compound.

Bate.] ℞ *Fresh spotted Arsmart* ℔iij. *Pellitory of the Wall,*

Purslain, Bean-cods, ana lbj. bruise them, and add Milk new or hot from the Cow lbviij. mix and distil S. A. It is a great Arcanum against the Stone in the Reins and Bladder. Dose 4 Ounces twice a day with Honey, for twenty six days together.

Salmon.] § 1. You may keep and use this Water as a general Vehicle, to convey all Nephriticks and Lithontripticks in, it being an excellent thing indeed against the Stone and Gravel, or any obstruction of mucous slime, or any other Matter afflicting the Reins and Bladder, alone it may be given to six Ounces.

§ 2. The Compositum is imperfect without the addition of *Parsly, Saxifrage, ana lbiss. Daucus seeds, Onion-seeds, Winter-cherries, ana ℥viij.*

§ 3. Being thus prepared it is of double strength, and of excellent use to the purposes intended; and tho' it is generally used as a Vehicle to other Lithontripticks; yet I have oftenknown it to be profitably given alone, and therefore here commend it to my Country-men.

XLVII. * *Aqua Picarum composita*, Water of Magpies compound.

Bate.] ℞ *Young Magpies* N°*v*j. *White Dung of Peacock lbss. Mistletoe of the Oak, Male Peony-roots, ana ℥v. Fresh Cowslip-Flowers ℔j. White ana Spanish-wine, ana lbv. infuse and distil, S. A.* Dose ℥iv. Morning and Evening, in the last days before the Full and New Moons. It is an eminent Remedy against the Epilepsy,

Salmon.] § 1. If you distil to drineſs, it must be in a double Vessel in BM, and cohobate 3 or four times: otherwise, if in a Copper *Vesica*, you must add White-wine, Water, *ana lbiij.* more, and then draw off the first five or six Pints.

§ 2. It is good against the Falling-sickness, and almost all Diseases of the Brain and Nerves, Palsies, &c.

§ 3. And may be used as a general Vehicle to convey other Antepileptick, Neurotick, and Cephalick Medicines in.

§ 4. You may give it thus: take of this Water ℥iv. Powers of Amber, Powers of Gum Guajacum *ana gut. x.* mix for a Dose, to be given Morning and Evening for a Month together.

XLVIII. * *Aqua Pneumonica*, A Water expelling Wind.

Bate.] *Take Leaves of the best Tobacco, outward Rind or Peel of Oranges, ana ℥iv. Winter-Cinnamon ʒvj. Aniseeds ℥iss. Spanish Wine lbiss. Spirit of Wine lbj. digest and distil in a Glass Still.* In the Cholick, excruciating pains of the Stomach, want of Appetite, &c. it is an approved Cure. Dose one spoonful before eating.

Salmon.] § 1. It ought to be distilled in BM. with great care; 'tis an excellent Carminative, and Anticholick, giving ease in those most intolerable pains, almost upon the spot.

§ 2. ℞ *Of*

§ 2. ℞ *Of this Water a spoonful, Blood red Tincture of Opium, made with Juice of Sevil Oranges, gut. xx. ad xxx. mix for a Dose.*

§ 3. Or thus: ℞ *Of this Water ℥ss. Powers of Anise, Caraways, Juniper-berries, ana gut. 25. Guttæ Vitæ ℈j. mix for a Dose.* Give this in extremity it will not fail of its desired end.

XLIX. *Aqua Prolifica*, The Water making Fruitful.

Bate.] ℞ *Seeds of Angelica bull'd, ℔ iss. sweet Fennel-seed, Liquorice, ana ℥iv. Raisins stoned ℔j. Leaves of Mugwort, Baum, ana M. iv. Carduus Ben. Penny-royal, ana M. ij. Seed of Amomum ℥iv. Wine, Milk, ana ℔vj. mix and distil according to Art.* Dose ℥iv. *(præmissis, præmittendis)* with Tincture of Juniper ʒj. and Syrup of the Juice of Sage two spoonfuls, morning and night (℈ij. of the Pouder of the Seeds of Hartwort, or Bastard Lovage, mixt with Sugar of Roses, being given before.)

Salmon.] § 1. You must distil in B. M. and draw off to dryness.

§ 2. It is given to cure Barrenness in Women, and make Fruitful. It sweetens the Blood, and destroys the Scorbutick Acidities, which hinder the breeding of good Seed.

§ 3. And being given at a convenient time (after the exhibition of the ℈ij. of the *Hart-wort-seeds*) it is said to provoke the Terms, and effectually cleanse the Womb of its impurities, which hinder Generation.

§ 4. Sometimes it is also profitable given against Hysterick Fits: and may be used as a Vehicle for other things of like nature.

§ 5. To help *Impotency* in Men you may give it thus: ℞ *Of this Water ℥iv. Powers of Vipers ʒj. mix for a Dose*, to be given Morning and Evening for Thirty or Forty Days.

L. *Aqua Regia*, The dissolvent of Gold.

Bate.] *It is made of Nitre and Sal Ammoniacum, ana in a Glass Retort sufficiently large, placed in Sand, distilling S. A. with the second degree of Fire.* It dissolves Gold.

Salmon.] § 1. This is *Basil Valentine's Aqua Regia*; but that you might the better and more conveniently draw off the Spirit, you ought to add Pouder or Calx of Flints, *viz.* to the *Nitre and Sal Armoniack, ana ℔ij. Pouder of Flints ℔iij.* and to distil by a red hot tubulated Retort

§ 2. But the ordinary way is by an Iron Pot, on which is placed an earthen Cover like an Alembick with a Beak, set in a naked Fire with a large Receiver.

§ 3. This Water dissolves Gold, and after many Cohobations will reduce it to an Oil, and carry it with it, over the Helm into the Receiver.

§ 4. Through the manifold Cohobations, the *Sol* becomes volatilized, and is made to yield a blood red Tincture in rectified Spirit

Spirit of Wine, if you proceed Philosophically.

§ 5. Which is the highest of Cordials, and may be given some drops at a time, in a Glass of Sack, or other Wine against Faintings, Fits, Swoonings, Palpitation of the Heart, Trembling, Plague, Pestilential Fevers, Measles, Small-pox, &c.

LI. *Aqua Salivalis*, The Salivating or Spitting Water.

Bate.] ℞ *Mercury sublimate, Venice Treacle, Zedoary, Cinnamon, ana* ℥ij. *Saffron* ℥ss. *Fountain-water* ℔ *iss. mix, and infuse some days.*

Salmon.] § 1. The intention of this Water is to *salivate* with, in order to the cure of the *Lues Venerea*, or other Relicks of that filthy Disease.

§ 2. You may give, one, two, or three spoonfuls at a time (according as the strength and condition of your patient may be) & so to diminish or increase the Dose, (as you find it incline your Patient to Vomit or not Vomit) a spoonful at a time, continuing the same with an encrease of the Dose, till you find the Gums to begin to swell, and the Mouth to be sore.

§ 3. When you see the Flux to arise, you may desist the Exhibition, till you see with what force and vigour it comes on; if freely and briskly, give no more; but if dull and slow, you must yet continue it a Dose, or two, or more, till you see it is likely to effect what you desire.

§ 4. Which when done, and the *Salivation* becomes laudable, you must let it continue so long as your reason, and necessity of your Patient may require, following the methodical Rules of a Salivation.

§ 5. The exact Dose, in order to a *Salivation* cannot be prescribed, that you must find out by your Practice and continual Experience; for that the Constitutions of Bodies do so vastly differ.

§ 6. The continual giving of one or two Spoonfuls at a time, will make some Persons flux; while others shall take three, four, or five, and it shall do almost nothing at all, scarely make their Gums sore or swell.

§ 7. Therefore in this thing you ought to be guided according to the Nature, Strength, and Constitution of the Sick.

§ 8. You may exhibit it in a *Decoction of Sarsaparilla*, or *thin Water-gruel*, or other convenient Vehicle, which is free from any thing of sharpness, nor is apt to grow sowre in the Stomach after it is taken.

§ 9. For Liquors which are acid, or apt to turn acid in the Stomach, may provoke the Mercury to a strange kind of Violence; which by the softness and sweetness of the Vehicle, would have otherwise been kind and mild enough.

§ 10. Some give this Medicine *Dietetically*, and every Day for a Month or two together, and with good success: but that must be after you have observed what Dose may be given without enclining the Gums to swell, which a prudent Man will soon be

be informed of. The following Water is a good Vehicle for the Exhibition of it in.

LII. *Aqua Sarsæ Composita*, Compound Water of Sarsaparilla.

Bate.] ℞ *Sarsaparilla, choice China, ana* ℥xij. *Lignum Guajacum* ℔ij. *Bark of the same, Sassafras, ana* ℥iv. *White Sanders, Coriander-seed, ana* ℥iss. *Liquorice* ℥vj. *White-wine* ℔xxiv. *Barley-water* ℔xvj. *digest for some time, then draw off* per Vesicam ℔xxiv. *what remains strain out, and evaporate in Balneo Mar. to the Consistence of an Extract, S. A.*

Salmon.] § 1. This Water is an Antidote against the *French* Disease, and all its Concomitants and Symptoms, and may be given dietetically every Day, in order to the cure of that Disease, from ℥iv. ad ℥vj.

§ 2. It is good also against Surfeits, the Scurvy, Dropsy and Gout, for that it strengthens the Tone of the Stomach, and the whole Nervous System, sweetens the Blood, taking away all its sharpness and acidities.

§ 3. It is also a good Vehicle to convey the former Medicine in, whether you intend it as a Flux, or to use it only as a Diet.

§ 4. The Extract may be given a ʒj. ad ʒij. or more, in some of the same Water, for the same purposes and intentions, chiefly at Night going to Bed, and so to sweat upon it.

LIII. * *Aqua Senelorum Composita*, Water of Haws Compound.]

Bate.] ℞ *Ripe Haws, freed from their Stalks, two Gallons: bruise them well, and add to them Roots of Althæa, Liquorice, ana* ℥viij. *of Rest-harrow* ℥iij. *Leaves of Parietary, Winter-cherries, ana* ℥xij. *Mint. M. ij. Seeds of common Daucus* ℥iv. *of Coriander* ℥ij. *Milk warm from the Cow* ℔xij. *mix and distil, S. A.* Dose ℥iv. sweetned with Syrup. de Althæa, &c. It is an excellent thing against the Stone.

Salmon.] § 1. It ought to be distilled in M. B. to dryness, and if it was several times cohobated, it would be yet better.

§ 2. ℞ *Of this Water from* ℥iv. *ad vj. Spirit of sweet Fennel-seeds* ʒvj. *Pouder of Winter-cherries* ℈j. *mix* for a Dose against the Stone, Gravel, Heats, Pain, and all Obstructions of Urine.

§ 3. Or thus: ℞ *Of this Water ad* ℥vj. *Tincture of Salt of Tartar* ʒij. *ad iij. Salt of Broom* ℈j. *Pouder of Winter-cherries gr. xvj. mix* for a Dose for the same purpose.

§ 4. ℞ *Of this Water* ℥iv. *Powers of Juniper Berries* ʒij. *Pouder of Sows* ℈j. *mix* for a Dose.

LIV. *Aqua Siphylica*, The Pocky Water, or Water against the French-Pox.

Bate.] ℞ *Chips of Guajacum* ℔iss. *put them in new well wrought Beer or Ale* ℔ij. *digest in Ashes for three days, and distil to drineſs* Dose ℥j. in a fit Vehicle against the French-Pox.

Salmon.] § 1. You must distil it in a Glass Retort, in Sand or

or Ashes to drineſs, ſo will you have a Spirit of Guajacum joined with the Spirit of the Beer or Ale, which will be profitable againſt the Lues, and its retaining Symptoms given to one Ounce or more, in four Ounces of the *Aqua Sarſæ Compoſita*, aforegoing.

§ 2. This Water is better made thus: ℞ *Raſpings of Guajacum ℔iſs. Liquorice bruiſed ℥vj. Rhubarb thin ſliced ℥iv. Salt or Vitriol of Mars ℥iij. new well wrought Beer or Ale ℔iv. Salt of Tartar ℥j. mix and digeſt in a gentle heat for ten days, ſhaking the glaſs twice a day: Then letting all ſettle for four or five days, decant the clear Infuſion, and keep it for uſe.*

§ 3. It may be given from one Ounce to two Ounces, thus: ℞ *Pure Lime-water not made ſtrong, ℥iv. of this Infuſion ℥iſs, mix for a Doſe*, to be given Morning, Noon, and Night.

LV. *Aqua Stimmios Sulphurata*, The Sulphurated Water: or Glaſs of Antimony and Nitre.

Bate.] *It is made of Antimony, Nitre, and Sulphur, ana, diſtilled into a Liquor, filtrated and rectified according to Art.* Doſe ſo much as may give the Liquor a convenient acidity. It opens Obſtructions, and is a noble Diuretick and Diaphoretick.

Salmon.] § 1. It ought to be diſtilled in a tubulated Retort, into a very large Glaſs Receiver, having Water in it, ſo will the volatile Spirits of the Ingredients impregnate the Water with ſuch a Gaſs or Volatility, that it will be as uneaſy to be ſmelt to, as Spirit, or Volatile Sal Ammoniack, and with a very pleaſing acidity.

§ 2. If you diſtil in a tubulated Retort, into Water, &c. you muſt put in the Ingredients being in Pouder by ſpoonfuls into the Retort, being red hot, and then immediately to ſtop the Pipe, ſo will the matter be preſently calcined, and the Receiver filled with cloudy Vapours, which mixing with the Water, the Receiver will preſently be clear again; then put in more of your Pouder, repeating this Work ſo long as it laſts.

§ 3. Before you begin your Diſtillation, be ſure that the neck of the Retort be well luted into the Receiver, leſt the fumes ſhould come forth and do you a miſchief.

§ 4. You ought not to filter it, becauſe of its Volatility, for that will much impair the Medicine. But the Water into which the Gaſs is diſtilled, ought to be filtred before-hand, that the Medicament may be very clear and pure.

§ 5. In this Preparation the *Nitre* opens the Body of the *Antimony*, and the *Sulphur* fixes its Emetick quality.

§ 6. Without the help of the *Nitre* the Spirit would difficultly come forth, for cloſing the Tube of the Retort, the *Sulphur* would be ſtifled; but the *Nitre* being fixed by it, ceaſes not to burn till all is conſumed.

§ 7. It is an *Ens primum* of the three matters conjoyned, is a famous

mous Antiſcorbutick, and Antiarthritick.

§ 8. It is alſo a Preſervative againſt the Plague or Peſtilence, Meaſles, Small-pox, or any other malign Fever, extinguiſhing the preternatural heat upon the ſpot, purifying the Blood, and all the other Juyces.

§ 9. It opens all Obſtructions whatſoever in the Stomach, Liver, Spleen, Gall, Meſentery, Womb, Hypochonders, Bowels, and other organick Parts, provokes the Terms, and cures the Green-ſickneſs and Cholick.

§ 10. But all theſe things it does more powerfully, if it be impregnated with the Cryſtals or Salt of Mars, or a Tincture be made therewith, of the Filings of Iron; you have then a Medicine great indeed, with which you may be certain to do wonders.

LVI. *Aqua Styptica*, The Styptick Water.

Bate.] *Take Colloithar, burnt Allum, White Sugar-candy, ana* ℥j. *Boy's Urine, Red Roſe-water, ana* ℥j. *Plantane-water* ℥iv. *digeſt, filter, and keep it for uſe.*

Salmon.] § 1. It is a moſt excellent Styptick, and ſtops bleeding in any part, being applied with ſtuphs, or the like, for ſome time. This following poſſibly may not be inferiour to any.

§ 2. *Take Hungarian Vitriol, Roch Alum, ana* ℔ſs. *Phlegm of Vitriol* ℔iv. *boil to the diſſolution; being cold, filtrate it, and ſeparate it from the Chryſtals; and to every pound of the Water add Oyl of Vitriol* ℥j. *mix and keep it for uſe.* It has the ſame Virtues with the former, but much more powerful.

§ 3. Our Authors being Injected into the Yard with a Yard Syringe, or into the Womb, with a Womb Syringe (Univerſals being firſt premiſed) it has been found by daily experience to cure a Gonorrhæa in Men, and a Running, or the Whites in Women.

§ 4. It ought to be uſed as the Exigency may require, either 2, 3, 4, or 6 times a day, and after making Water, (if the Patient has occaſion to Piſs) otherwiſe Piſſing after the Uſe of it deſtroys the effect of the Medicament.

LVII. *Stypticum Regis*, The Royal Styptick of King *Charles* II.

Bate.] ℞ *To Vitriol diſſolved, filtrated, precipitated with Spirit of Vinegar, edulcorated and dried, affuſe Oyl of Vitriol, and diſtil by a Retort to drineſs. The* Caput Mortuum *digeſt with Spirit of Wine, filter, warm, and abſtract: diſſolve the Salt remaining in the bottom, with four times its weight of Water, by digeſtion, and the Styptick is done.* Its uſe is both internal and external; Doſe gut. 10, 20, &c. in all ſorts of Hæmorrhagies, or Bleedings.

Salmon.] § 1. The firſt part of the Preſcript, is only an artificial Method, teaching you how to make *Spirit of Vitriol*, which is poſſibly better than the ordinary Method.

§ 2. The

§ 2. The whole in ſhort is this: *You muſt firſt extract a Salt out of the* Caput Mortuum *of Vitriol, with Spirit of Wine: This Salt you muſt diſſolve in four times its weight of fair Water, and your Styptick is made.*

§ 3. This is the *great Styptick* which made ſuch a noiſe in the World, and for the knowledge of which K. *Charles* II. gave a vaſt Sum of Money.

§ 4. It is not only a great Styptick, as to the ſtopping of violent Hæmorrhagies, but a moſt excellent Vulnerary, poſſibly one of the beſt yet known in the World.

§ 5. In ſpittings of Blood, bloody Fluxes (Univerſals being premiſed) violent Fluxes of the Terms, piſſing Blood, it is a noble *Arcanum*, and upon an exigency worth a whole Apothecaries Shop.

§ 6. It may be uſed in all the Caſes for which the former is good, and prevails admirably (being uſed with a prudent hand) in the Cure of virulent Gonorrhœa's whether in Men or Women.

LVIII. * *Aqua Tuſſilaginis Compoſita*, Water of Colts-foot Compound.

Bate.] ℞ *Herb Gerrard, Hyſſop, ana ℥viij. Flowers of Coltsfoot ℥xxiv. Liquorice ℥iv. Aniſeeds ℥iij. Raiſins* ℔ j. *ſtrong Beer* ℔xij. *mix and diſtil S. A.* It prevails againſt a Pleuriſy, Empyema, or Inflammation of the Lungs, *&c.*

Salmon.] § 1. You may diſtil in a Copper Veſica, with a gentle Fire, and draw off eight Pounds, or in a Glaſs Body in B. M. and diſtil to drineſs: but the firſt will be the ſtronger, as having leſs of Flegm in it.

§ 2. It is indeed an excellent thing againſt moſt Diſtempers of the Breſt and Lungs, where there is any ſtoppage, ſhortneſs of breath, difficulty of breathing, pain, ſtitch, ſwelling of the Pleura, or the like. Doſe *ab* ℥ſs. *ad* ℥j. in any fit Vehicle.

§ 3. Or you may give it thus: *Take of this Water* ℥j. *Spirit of Sal Armoniack, or of Harts-horn gut.* xxx. *Black Cherry-water* ℥iij. *white Sugar-candy in fine Pouder* ʒij. *mix for a Doſe.*

LIX. * *Aqua Venuſtatis*, The Beautifying Water.

Bate.] ℞ *Mint Water* ℔j. *fine common Salt* ℥ijſs. *boyl and ſcum it.* It is to waſh the Face with after the Small-pox; it alſo takes away Scurf and Itch.

Salmon.] § 1. It is an excellent ſort of Salt Brine, which may be uſeful in the caſe preſcribed.

§ 2. But it is of known efficacy being uſed almoſt ſcalding hot, againſt Kibes in the Feet and Toes, not broken, which the Vulgar call Bloody-falls.

§ 3. If you diſſolve in it Roch Alum ℥ſs. it will be much better to all the intentions; but you muſt Note, that it muſt be always uſed *very hot*, otherwiſe it will have but ſmall effects.

LX. *Aqua*

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LX. *Aqua Vermifuga*, A Water killing Worms.

Bate.] ℞ *Crude Mercury well cleanſed* ℥j. *Water of Graſs and Purſlane, ana* ℥iv. *digeſt two hours, often, and ſtrongly ſtirring of it; afterwards decant the Water, ſtraining it, and leaving the Mercury in the Veſſel.* It is given three ſpoonfuls at a time, thrice a day.

Salmon.] § 1. The better way is to put Mercury ℥viij. with any proper Water ℔iij. or more, into a large Glaſs, and being cloſe ſtopt, to ſhake it for three or four hours together; then to digeſt it in a gentle heat for a Week, more or leſs, or otherwiſe to boil it for two or three hours, by which means the Water will be better impregnated.

§ 2. It is a known Remedy for killing Worms of all ſorts; and may be given with all the ſafety imaginable.

§ 3. Or what is better, ℞ *Of our Hercules* ℥iv. *fair Water, White-wine, ana* ℔j. *mix and ſhake them well together, and digeſt in a very gentle heat for fourteen Days; then decant the clear as you need it for uſe.*

LXI. *Aqua Vulneraria*, The Wound water. Sir *Ken. Digby.*

Bate.] ℞ *Of the beſt Vitriol* ℥ſſ. *pure Nitre* ʒij. *put upon it Fountain-water ſix Gallons, digeſt and let it ſtand ſtill for forty eight hours, then with a Syphon (without troubling the ſubſiding matter) draw off the Water.* Doſe half a pint or a pint, twice or thrice a day. It immediately and effectually cures Wounds or Ulcers.

Salmon.] § 1. The *Nitre* is chiefly put in, to cauſe an exquiſite ſubſiſtence of the diſſolved matter, that the Water might be perfectly clear.

§ 2. It is doubtleſs an excellent thing for the curing of any Wound or Ulcer, whether inward or outward, in what part of the Body ſoever.

§ 3. And ſince *Vitriol* (in the *Sympathetick Powder*) has ſuch a mighty power and force, that it is able to cure Wounds at a diſtance; yea, at a very great diſtance; it is much more reaſonable, being taken into the Body, and received into the maſs of Blood, and thereby into all the parts of the whole Body, that it ſhould perform the ſame thing more powerfully, and with more ſingular advantages.

§ 4. This Water drunk for ſome Months together, is ſaid perfectly to cure the Leproſy, Scurff, Morphew, and ſuch like defilements of the skin.

LXII. *Aqua Abſinthii Compoſita* Wormwood Water Compound.

†] ℞ *The outward freſh rinds of Limons* ℔iſſ. *Orange-peels* ℔j. *Tops of dried Wormwood, Winters Cinnamon, ana* ℔ſſ. *Flowers of Camomil* ℥iv. *Leſſer Cardamoms not huſked, Cloves, Cubebs, Camel's Hay, ana* ℥j. *Cinnamon, Nutmegs, Caraways, ana* ℥ij. *Spirit of Wine* ℔xij. *Spring-water (or Wormwood-water,*

water, drawn off a second time from the fæces) gal. ivss. digest for three days, then distil in B. M. to drynes.

Salmon.] § 1. It is an excellent Stomach-water, and a good Cordial, prevalent against Faintings and Swooning Fits, Cholick, Wind in the Bowels, and such like.

§ 2. It is also a specifick against the Scurvy, very much sweetning the Blood; and an admirable Surfeit-water, being given to ℥j. or more, either alone, or in any proper Vehicle.

§ 3. You may use it thus: ℞ *Of this Water ℥ij. Mint-water ℥vj. Syrup of Limons ℥ss. mix for a Dose.*

LXIII. *Aqua Alexiteria*, The Water resisting Poyson.

†] ℞ *Juniper-berreies* ℔iij. *Zedoary, Myrrh, Seeds of Angelica, ana ℥ix. Dittany of Creet, Virginia Snakeroot, ana ℥vj. Saffron ℥iss. Spirit of Wine gall. iiss. Aqua Proalexiteria gall. ivss. infuse warm for three days, then distil in B. M. to driness. A second Alexiterick Water is made by affusing simple Water upon the fæces, and distilling it; and afterwards mixing it with an equal part of the* Aqua Alexiteria.

Salmon.] § 1. It is profitable against the Plague, Measles, Small-pox, and all manner of malign and pestilential Fevers, the Bitings of Serpents, mad Dogs, and other venomous Creatures.

§ 2. And it may be given either alone to one Ounce or two, or mixt with any convenient Vehicle.

§ 3. It prevails also against Faintings, Swoonings, or any other Distemper or Sickness of the Stomach and Heart.

§ 4. If six good Limons sliced be added to the Composition, the Water will be of almost double worth; for the Reasons we formerly expressed, at *Sect.* 24. aforegoing.

LXIV. *Aqua Chamæmeli composita*, Camomil Water compound.

†] *Tops of Wormwood ℥viij. Flowers of Camomil, Nutmegs, ana* ℔j. *Spirit of Wine a Gallon; simple distilled Camomil Water (or fair Water) Gal. 6. infuse for three days, then distil in B. M. to drynes.*

Salmon.] § 1. Being distilled according to this Prescript, the Water will be very low and small and the Oyl of both the Camomil Flowers and Nutmegs will swim a-top, which ought to be separated for other uses; and the Water kept for a Cephalick, Stomatick, Cardiack, and Nephritick Vehicle.

§ 2. But if you will distill so, as to have the Oily parts to be joined with the spirituous; you must put only Spirit of Wine in a four-fold quantity, which you may in B. M. draw off to driness, cohobating three or four times.

§ 3. Or you may distil in a Copper Vesica, adding Water Gall. j. and drawing off to driness with a very gentle heat, which you may cohobate as before, three, four,

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four, or five ſeveral times, drawing off in the laſt diſtillation only the compleat quantity of the Spirit of Wine.

§ 4. In every diſtillation or cohobation, you will have more or leſs of the Oyl to ariſe, which you muſt after every cohobation ſeparate and keep by it ſelf.

§ 5. Laſtly, Having ſeparated the pure high rectified fine Spirit from its phlegmy parts, you are to joyn the Volatil Oyl, (gathered upon each Diſtillation and Cohobation) with the ſaid Spirits, and mix, and diſtil them together.

§ 6. So will they be united, and become one ſubtil, volatile, ſpirituous and congenerous Medicine, having a thouſand times more virtue and power than that produced by the Preſcript. It is a great Cephalick and Cordial. Doſe two Drams.

LXV. *Aqua Cochleariæ compoſita*, Scurvy-graſs Water Compound.

✝ ℞ *Garden Scurvy-graſs* ℔xxx. *Horſe-Radiſh-roots cut into thin ſlices* ℔vj. *fair Water, Gall. iij. infuſe warm for twenty four hours: Then draw off three Gallons of Water.*

Salmon.] § 1. This ought to have a different diſtillation from that of Aromaticks for as Scurvy-graſs, &c. abounds with more volatile Spirits, and more volatile Salts, ſo it admits of leſs fermentation; and therefore ought to have a proper Menſtruum, (ſtronger than common Water) which may attract, diſſolve, and joyn with the eſſential parts of the Ingredients, and carry them along with it in diſtillation, without changing their Natures and Virtues.

§ 2. For this purpoſe you may uſe ſtrong *March Beer*, clear and well made Rheniſh Wine, Cyder, Perry, Mead, as alſo Spirit of Wine, &c. as proper Menſtruums.

§ 3. ℞ *Of the Ingredients as much as you pleaſe, which ſhred ſmall, put them into a Copper Veſica, tinned within, and affuſe thereon of ſome of the former Liquors, ſo much as may over-top the Ingredients, four or five Inches, then digeſt twenty four hours, and diſtil through a Serpentine or Worm, with a very gentle Fire, that the ſpirituous and volatile parts may aſcend, continuing the diſtillation till the falling drops are almoſt inſipid.*

§ 4. *To this Water put the ſame quantities of the Ingredients again in like manner, and its equal weight of Wine, digeſt and diſtil again, as aforeſaid: The diſtillation being over, put in again freſh Herbs, pouring in upon them the laſt diſtilled Liquor, which digeſt and diſtill as aforeſaid, repeating the diſtillation ſo long, till ths Spirit is ſtrong enough.*

§ 5. *This done, rectify the Spirit in M.B. keeping that which is repleat with Sulphur and Volatile Salt, and aſcends firſt, apart by its ſelf: and the remaining ſpirituous Water by it ſelf, continuing the diſtillation till the drops are almoſt inſipid.*

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§ 6. All these Liquors are essentially good against the Scurvy, Dropsy, and Gout, as also against the Cholick, Rheumatisms, Surfeits, and other like general Distempers, which will hardly admit of any singular name or denomination.

§ 7. Dose of the Water in the Prescript one Ounce, or more, in a Glass of Ale, or other proper Vehicle. But of the sulphurous Spirit abounding with Volatile Salt, a gut 20 ad 40 in Ale or Wine, as aforesaid: And of the spirituous Water following it ℥j. ad ij. continuing their use for some Weeks.

LXVI. *Aqua Cordialis*, The Cordial Water.

℞ *The outward rind of Limons fresh, ℥iv. of Oranges ℥iij. Cinamon ℥ij. Nutmegs, Mace, Calamus Aromaticus, Coriander, ana ℥j. Cubebs ʒvj. Cloves, Seeds of Carduus ben. Cardamums unhuskt, ana ℥ss. Saffron ʒij. Spirit of Wine ℔vj. Fountain-water ℔xij. infuse and distil according to Art.*

Salmon.] § 1. You ought to distil in B. M. to drineſs, and to cohobate two or three times, drawing off the last time only twelve pound of the Water.

§ 2. Or you may distill in a Copper Vesica, drawing about ten pound, which you must dulcify, (if you would make it pleasant to the taste) with a small quantity of Syrup of Damask Rose-water, made with double refined Sugar in the heat of a Bath.

§ 3. Dose from one Ounce to two, either alone, or in any proper Vehicle, against Faintings, Swoonings, Palpitations, & sickness of the Heart and Stomach.

§ 4. It is good against the Plague, Pestilence, and all manner of malign Fevers, in which last cases it ought to be given in some cooling Vehicle, with three or four drops of Spirit of Sulphur in it.

LXVII. *Aqua Lenitiva*, The Lenitive, or Loosening Water.

℞ *Figs, Althæa Roots, ana ℔ij. Liquorice, Florentine Orrice, ana ℔j. Flowers of Elder dried ℥iij. infuse in Spring or Fountain-water, Gal. v. and add Styrax Calamita ℥iij. Nutmegs ℥ij. Aniseeds, sweet Fennel-seeds, ana ℥ss. infused in Spirit of Wine ℔vj. Oyl of bitter Almonds ʒvj. mix, digest and distil in an Alembick according to Art.*

Salmon.] § 1. It opens Obstructions of the Bowels, and other *Viscera*, strengthens the Tone of the Stomach, and other parts, and may be given ab ℥iij. ad vj. being design'd, as I suppose, only for a Vehicle to convey any Lenitive Purge in down into the Body.

§ 2. Of it self it Purges not, nor can it any ways loosen the Belly: Nor do I see for what reason the *Oyl of Almonds* is added, for it is scarcely possible to be brought over the Helm in an Alembick; which yet, if it could be done, will be but the same thing it was before, and not

not in the least mix with the Water, but only swim upon it.

§. 3. The Oyl, it is true, may be impregnated with some of the Virtues of the Ingredients, which being separated from the Fæces, may be of good use in Lenitive Clysters, ℥j. of the Oyl, to ℔j. of some Lenitive Decoction.

§ 4. Or the Water may be used instead of Broth, Posset-drink, or Decoctions, in this manner: ℞ *Of this Water* ℥xij. *of brown Sugar* ℥iv. *of the aforementioned Oyl* ℥j. *mix for a Clyster, and exhibit it Blood-warm.*

LXVIII. *Aqua Pectoralis*, The Pectoral Water.

†] ℞ *Figs* ℔vj. *Roots of Elecampane, Liquorice, ana* ℔iij. *Florentine Orrice* ℔iss. *Anniseeds, sweet Fennel-seeds, ana* ℥j. *Spirit of Wine gal. iiss. Aquæ Propectoralis, (or Fountain-water mixt in equal parts, with the said Aq. Propectoralis) gal. ivss. infuse warm for three days, then distil to drineſs.*

Salmon.] § 1. Let it be distilled in B. M. to avoid an *Empyreuma*. Dose an Ounce at a time, more or less, in any Cough, Cold, Soreness of the Breast and Stomach, shortness of Breath, difficulty of Breathing, or any obstruction of the Lungs.

§ 2. Your best way of exhibiting of it will be thus: ℞ *Of this Water* ℥j. *Syrup of Poppies* ℥ss. *Spirit of Sal Armoniack, gut. xvj. mix for a Dose.* Which may be repeated twice or thrice a Day.

§ 3. Or thus; ℞ *Of this Water* ℥iij. *Syrup of Limons* ℥vj. *Spirit of Hartshorn, gut.* 20. *Guttæ Vitæ nost. gut.* 15. *mix for a Dose*, to be given at Bed-time every Night.

§ 4. Or, ℞ *Of this Water* ℥iij. *Syrup of Violets, and Syrup of red Poppies, ana* ℥ss. *Spirit of Hartshorn* ℈j. *mix for a Dose.*

LXIX. *Aqua Propectoralis*, The Water for making the Pectoral Water with.

†] ℞ *Oak of Jerusalem, Coltsfoot, Ground Ivy, ana* ℔vj. *Horehound, Penny-royal, Hyssop, Rosemary, ana* ℔iij. *Fountain-water twelve Gallons; infuse warm for three days, and then distil in an Alembick, S. A.*

Salmon.] § 1. Being a little fermented in that three Days with *Sugar*, or *Molossos*, added in a fit quantity, *viz.* one Pound to a Gallon of Water, you will have a small Spirit, or rather Water, fit for that purpose it is designed for; and may serve for a Vehicle for other Medicines.

§ 2. It is best distilled in B. M. to drineſs, and then the Water to be put upon new Ingredients, and this to be repeated again the third time.

§ 3. The Title shews you its Use, which is for making the former Pectoral Water; but of it self it is singular good to open Obstructions of the Breast and Lungs, help Coughs, and cause free breathing, being given sweetned with *Syrup of Limons and red Poppies.*

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LXX. *Aqua Proalexiteria*, The Water for making the Alexiterick Water with.

†] ℞ *Green Walnuts* ℔xxxv. *or in number* 400. *fresh Roots of the Butterburr* ℔xij. *of Masterwort* ℔iv. *of Valerian, Elecampane, Flowers fresh gathered of Marigolds, Leaves of Scordium, Bawm, Centory the less, ana* ℔vj. *Wormwood, Rue, ana* ℔ss. *fair Water, gal.* xviij. *infuse warm for three days, then distil in an Alembick with its Worm, till you have drawn forth all the vertue, but having a care to avoid burning: you may draw off from gall.* xij. *to* xv.

Salmon.] § 1. It will be best in this as in the former, to add to every Gallon of Water half a pound of course Sugar or Molossos to cause a fermentation, and then in B. M. with a Worm to distill to dryness.

§ 2. Otherwise in an Alembick, you must not draw off above twelve Gallons of the Water.

§ 3. Besides the purpose for which it is designed, which is the making of the *Aqua Alexiteria* aforegoing, it may indifferently serve for a Vehicle to convey any Cordial Medicine or Antifebritick in.

CHAP. II.

Of SPIRITS.

I. *Spiritus Alkermes*, Spirit of Alkermes.

Bate.] ℞ *Spirits of Cinnamon, of Citrons, of black Cherries, of Rosemary Flowers, ana* ℥iv. *Juice of Kermes* ℥ij. *mix them very well, filtrate through brown Paper, and add of the best white Sugar-candy,* ℥ij. *Leaves of Gold,* N° 10. *mix them S. A. For the Rich some add the Spirit of Ambergreese* ℥ij. It discusses sharp Vapours, recreates the Spirits Natural, Vital, and Animal; gives relief and comfort to Women in Labour.

Salmon.] § 1. This is properly a mixture or compound made of several choice things, whereby it becomes a great Cephalick, Neurotick, and Cardiack, and may be given in all Cases where there is any *Deliquium Animi*, as Faintings and Swoonings, Sickness at Heart and Stomach.

§ 2. And indeed in almost every kind of Weakness, as also in Palsies, Tremblings, Numbness, Feebleness of the Joynts, Weakness